Understanding Mind Rubrics
the Metaphoric way!!

Perceiving Man in Disease
Humble Gratitude to Gurus
Hyoscyamus
Hyoscyamus
Hyoscyamus
Hyoscyamus

- Core rubric of Hyos - **Fear of being betrayed**
- I will be betrayed by the person whom I have put trust in
- Delusion, snakes around - does not trust anyone
- So Hyos behaves in a particular manner
- **Reverence for those around**
- Reverence is respect mixed with fear
- Why? So that the dr should not commit any mistake while treating me
- So he will say don’t rush, take your own time, finish your patients, all your work, then you can see me
Hyoscyamus

- He will give you all the details of all his ailments with dates, days and give you all the information about how he was not treated properly or betrayed by other drs.
- At least you don’t make the same mistakes!
- He will show you all the reports in detail and will want you to see everything properly.
- Talks of business.
Hyoscyamus

- When Hyos is not ok, many people tell him many things, refer you to many drs so he is confused
- Gestures, groping as if in the dark - does not know what to do - fear of being betrayed - does not know whom to trust
- Delusion, wrong suffered he has - so now he does not know whom to trust
Hyoscyamus

• Affectation - the act of displaying an attitude or mode of behavior not natural to oneself or not genuinely felt (artificiality)
• Why affectation? It is an adaptation to conceal or hide the actual emotions (more often fear) or any shortcoming or weakness
• How it is expressed? Through speech (words), acts (behaviour) and gestures
Hyoscyamus

• Hyos is basically a suspicious person, which is due to one bad experience (injury / wrongly suffered). He develops fear after that experience and doubts everything that comes his way. In crisis he keeps his spirits high and covers his fear and doubts with affectation because he fears that someone might take advantage of his condition (betrayal)
Hyoscyamus

- Delusion, injury, is being injured
- Delusions, wrong - suffered wrong he has
- Fear – injury - being injured of
- Suspicious
- Fear - betrayed of being
- Affectation
Hyoscyamus

- Stram will cling immediately to anyone, delirium, crying help for, clings to anyone near but Hyos wont cling even in fear, wont hold on to anyone - high spirited, he will go to his own dr whom he trusts, affectation, fight wants to, delusion war at
Hyoscyamus

• **Naked wants to be**
• **Naked** - to show something or say something that you are not supposed to
• **It is absolutely necessary**
• **I'm telling you or showing you because you are like my brother, father, friend, god - they create a relation**
• **Such a thing should not be told but since you are a doctor, I can’t hide it from you**
Hyoscyamus

- Need - I will show you everything but give me the right medicine, don’t betray me like others - since he has suffered wrong at hands of others

- **Truth telling the plain** - talks of his wrong doings first rather than his chief complaint, it’s like he accepts his mistakes in a mild way, not in an egoistic way – Lyco tries to cover up his mistake by reasoning

- Hyos fears labels and diagnosis, so truth tells plain, does not want to do investigations - **Shuns Light**
Hyoscyamus

- **Fear of injury** - operations, surgery - injury - something else will come out because of the injury or operation
- Consequences of injury - piles operation - complication - incontinence
- Fear of complication of injury
- **Complaining of supposed injury** - your medicine, are you sure it’s ok, are you sure??
- Suppose it does not become ok, suppose things increase then what?
- Fear of being poisoned
Hyoscyamus

- When things are not ok, no drs available, affectation - high spirited, fight desire
- **Well says when he is very sick**
- Don’t want operation, admit, anesthesia - more risk- whatever it is, it is good
- **Bed, remain in desire** - now whatever it is, it is ok
- **Anxiety driving him out of bed** - bed is the present comfortable position
- **Delusion he is sold** - people will take advantage of him
# Hyoscyamus in a nutshell

| MIND - FEAR - betrayed; of being | (7) | 1 | 1 | 1 | 1 |
| MIND - FEAR - injury - being injured; of | (36) | 1 | 3 | | |
| MIND - DELUSIONS - injury - being injured; is | (15) | 3 | 3 | | |
| MIND - DELUSIONS - injury - about to receive injury; is | (26) | 1 | 1 | 1 | 1 |
| MIND - DELUSIONS - injury - being injured; is - surroundings; ... | (3) | 3 | | 2 | |
| MIND - AFFECTATION | (25) | 2 | 2 | 2 | |
| MIND - HIGH-SPIRITED | (15) | 1 | | | |
| MIND - FIGHT, wants to | (34) | 1 | 1 | 1 | |
| MIND - DELUSIONS - war - being at | (12) | 1 | 1 | | |
| MIND - BED - remain in bed; desire to | (51) | 2 | | 1 | |
| MIND - WELL - says he is well - sick; when very | (23) | 1 | 1 | 1 | |
| MIND - NAKED, wants to be | (24) | 4 | 2 | 2 | 2 |
| MIND - TRUTH - telling the plain truth | (17) | 1 | | | |
Hyoscyamus child

- Smiling
- Asking nothing - they fear injections (Opium - contented)
- Affectation
- High spirited
- Happy playful child
- Curious children, asking lots of questions
- Energy excess children in
- Hyperactivity - run about
- Wandering
- Touching - impelled to touch
- On her own during illness - asking nothing
- Cheerful, dancing, singing
- Conscientious about trifles
- Grimaces, makes ill mannered faces
- Antics playing - they will do anything to attract attention
Hyoscyamus child

- Laughing foolish
- Laughing ludicrous
- Loquacity
- Lewdness
- Masturbation in children
- Naked desire to be - hyperaesthesia of genitals
- Shrieking children in, sleep in, will not open the eyes
- Jealousy when the newborn gets all the attention - Hyos and Ignatia
- Aggressive
- Striking bystanders at, desire to strike
- Rage and anger
Hyoscyamus child

- Cautious
- Fear of injury
- Alert - knows what's going on around, he is attentive to everything even when he is playing
- Hiding himself
- Cowardice - when asked a question, he stops everything and hides behind mother, holding her tight
- Antic plays, children in - strange things that he likes and he also likes in others, like joker in a circus
- Playful - always playing
- He is enjoying himself but at same time alert of any danger around
Hyoscyamus child

[newborn gets all the attention; when the: (2) Hyos. ign.


[MIND - CURIOUS] - children: (1) hyos.

[MIND - GRIMACES] - **children; in:** (1) carc.
[MIND - GRIMACES] - **convulsions**
[MIND - GRIMACES - convulsions] . **before:** (1) absin.
[MIND - GRIMACES] - **hide the grimaces; trying to:** (1) *Cupr.*
[MIND - GRIMACES] - **ill-mannered faces; makes:** (1) *hyos.*

[MIND - NAKED, wants to be] - **hyperesthesia of skin, in:** (1) *Hyos.*
Hyoscyamus

- When he feels betrayed and is suspicious then
- Impatience
- Abrupt - reactions are abrupt and violent
- Anger violent when he feels betrayed
- Anger destructive
- Malicious, revengeful – verbal, even to the extent of killing
- Biting people who disturb him - those who disturb him, or don’t allow things to happen according to him - abrupt, sudden anger, wants things according to his wishes
- Greed - grasping greedily with both hands anything offered to him - very greedy person, whatever is given to him, even advice, it should be good for him, if it’s otherwise then he gets angry
Hyoscyamus

- **Climb, desire to climb** - to go ahead in life, not satisfied with his present condition, desire and efforts are both required to climb in life, Hyos is afraid of long term efforts where he is not sure of success, he does not trust himself. Even with dr he wants 100% guarantee of cure and no injury from medicines
- **Fear of pursuit** - long time – he is scared of anything that takes long time
- **Fear of being betrayed**
- **Bed desire to remain in bed** - so he remains in the same state even when he wants to climb, he has fear of pursuit
- **Greed, grasping greedily with both hands anything offered to him** - anything that he feels will benefit him
Hyoscyamus

- Case of woman with abscess on hip
- Foolish behaviour
- Laughing, ludicrous things everything seems - initially Hyos feels everything is a laughable thing, so they laugh foolishly without any reason, cannot differentiate between serious and non serious thing, does not sense any danger. When he does, then the laughing disappears and he becomes suspicious - Fear of being injured, fear of being betrayed
- Laughing delirious - laughs in a way that others also laugh at her, how can she laugh in so much pain, everyone feels she is not in her senses
- Laughing involuntary - it is not under his control, even other people don’t understand what he is laughing at
- Ludicrous things seem - she feels everything is not serious, this is not a happy laugh, its foolish laughing as if she was not in her senses
- Antics plays - makes different gestures and acts to entertain or makes others laugh
Hyoscyamus

- **Case of child with atopic dermatitis**
- The child is habituated to take sugar water in the morning, today he thought I’m giving him plain water, got angry and started running here and there - **Suspicious, Anger violent, Answers abruptly**
- How did he know that it is plain water? He has become very suspicious nowadays. Some days back we had given him plain water, today also he thought I am giving him plain water so he was angry, trust broken? Child was betrayed a few times so now he is alert - **Fear of being betrayed**
- He gets angry easily whenever someone acts opposite of his intention, he wants to take bath for long time so when we close the tap he gets angry - **Impatience**. Whatever he wants if he feels he wont get it, he gets angry - **Fear betrayed**
- **Bites everyone who disturbs him, biting people disturbing him**
- **Eats fast while eating** - **Greed, grasping greedily with both hands anything offered to him** - it can be food, advice anything that he feels is beneficial to him
Hyoscyamus

- **Answers abruptly** - reaction to any stimulus when it is very fast or unpredictable without any prior warning - this child when he feels his father is giving him plain water reacts fast without any warning and starts running here and there. Hyos reacts very abruptly when he feels that he is going to be injured

- **Violent** - reaction, running here and there, Hyos anger is violent and destructive since he fears injury - malicious, revengeful, can even kill

- **Suspicious** - when a person had an experience before then he becomes suspicious

- **Impatience**

- **Fear of being betrayed**

- **Biting people who disturb him** - someone who does not allow him to do what he wants to - what is biting? - wants to take revenge, sudden anger when he is not allowed

- Greedy person - anything offered to him if he feels is beneficial for him then he will quickly grab it

- **Hyos patient will have medicines in the consulting room only**
Hyoscyamus

- Case of a 3 year old child with diarrhea and vomiting and fever for 4 days
- Sitting on mom’s lap and looking here and there
- During fever any behaviour changes?
- Eats outside junk food - child says «No, I had an orange yesterday»
- Hiding behind mother when asked any question, he is like this only here, not at home
Hyoscyamus

- **Antics plays children in** - making gestures or faces to attract attention, he enjoys it and even enjoys this behaviour in others
- **Cowardice** - when asked something, he is scared and hides behind his mother, holding her tightly- any danger
- **Alert** - is aware of everything around, whatever dr and his mother are talking about, he said I had an orange yesterday when he feels mom did not say it right
- **Playful** - always playing, enjoying himself
- **He is happy with himself but is alert about any danger around and so he hides behind his mother, he trusts his mother not the dr, clinging can be an addition**
- **His own security is the most important priority**
Hyoscyamus / Stram

• Like Hyos, why there is betrayed feeling - it is because he has fear of trust, he won’t take medicine because he would want to know what he is taking. He will give you all the details to get proper treatment. He is cautious, fearful

• There is delusion betrayed which is in cross-reference to delusion deceived

• Betrayed feeling comes with something / someone you trust. My family / husband / anyone loyal to me can betray me. Break the trust I had for them.

• Can we imagine telling a shopkeeper you betrayed me (unless related/loyal/trustworthy)? We can tell him he deceived me
Hyoscyamus / Stram

- Deception on the other hand can be done by people we know and also whom we don’t know. People we trust or don’t
- Husband cheating wife is BETRAYAL
- Shopkeeper selling me an old laptop making me believe it is the latest is DECEPTION
- Betrayal - u break the trust. Deception - u present things wrongly.
- Cheated feels - is just that somebody has let u down / treated u unfairly. This can be done by anybody
- Both husband and shopkeeper can cheat
Hyoscyamus /Stram

• Hyos and Stram are both in fear of injury and light shuns, but their approach differs: Hyos is cautious right from the start and takes proper precautions so that he does not have to face injury whereas Stram can be frivolous till the terror grips him and he goes into the feeling of wilderness. He’ll search for anybody / everybody he can cling to.

• Both are in groping: Hyos is groping to come out of the crisis (He is high spirited) whereas Stram is in groping as if in the "dark". He has absolutely no idea / direction. He’ll cling to wherever he finds hope. Hyos will try to find the "most suitable dr because of the fear of being betrayed whereas Stram will cling to anybody just to find some relief from his situation. Here in the case the lady looks totally lost and in the "darkness"

• Like Hyos, why there is betrayed feeling – it is because he has fear of trust, he won’t take medicine because he would want to know what he is taking. He will give you all the details to get proper treatment. He is cautious, fearful
THANK YOU

If you have any queries please don’t hesitate to contact me on
drsamirchaukkar@gmail.com
www.homeopathichealthsolutions.com
+91-9892166616
+91-8767702498

Dr. Samir Chaukkar
M.D. (Homeopathy) H.M.D. (UK)
F.B.I.H (UK), DND, P.G. Hom (London)
P.G. Addictions Treatment (Canada)

Ms. Lora Georgieva
Homeopathic Practitioner
Member of Bulgarian Homeopathic Society