

SET12

## **ROSACEAE** 2 vaka, 4 remedi

Roberto Petrucci & Viktória Németh

zoom

WhatsApp 0530 545 03 25

İngilizceden ardıl çeviri

# **7-8 OCAK** 20.00-23.00



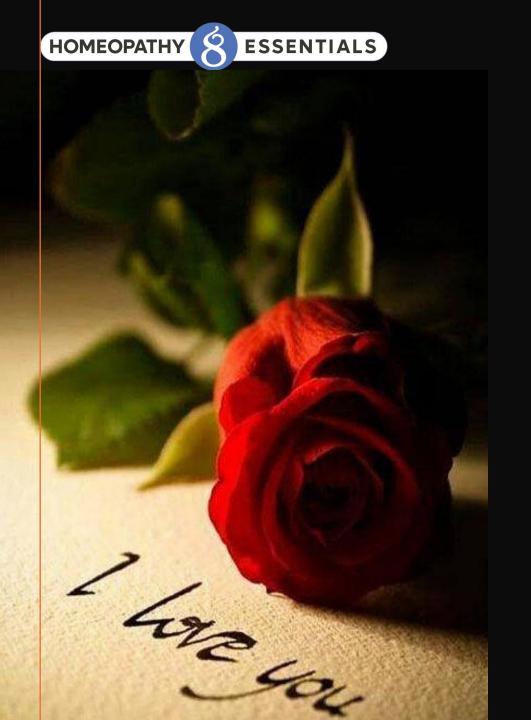
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# ROSACEAE

# Rosaceae in Homeopathy





## LOVE

- Love is seen as the essence of life and the driving force behind one's existence
- They define themselves to love and be loved



## LOVE

- They want to create an intense emotional bonds with people close to them
- They need to feel loved and to express love fully and openly
- This becomes a significant part of their identity and life experience



#### **IDEALISATION**

- They hold a view of love
  - idealised

X

- fantasy-like
- They see love as pure and perfect



#### **IDEALISATION**

- They dream of perfect and fairy-tale romances
- They put their partners on this pedestals

# No Rose Without Thorns

- There is an emotional connection and heartbreak in their life story
- It is a journey of accepting's love dual nature:
  - the beauty (love)
  - the pain (grief)



# No Rose Without Thorns

- They feel an immense grief
- A sense of emptiness
- But this emotional heartbreak can turn into a physical pain like
  - chest pain or palpitations



## Why disappointment can happen?

#### • FEAR

- losing the loved ones
- being abandoned
- This fear is leading to anxiety and insecurity when they feel their relationships is threatened



## Why disappointment can happen?

- Self defensive mechanism
- They are sensitive to emotional stimuli, they are like emotional sponges, absorbing the feelings and energies of those around them



## Why disappointment can happen?

#### Reality

• when reality does not match their expectations













# Security

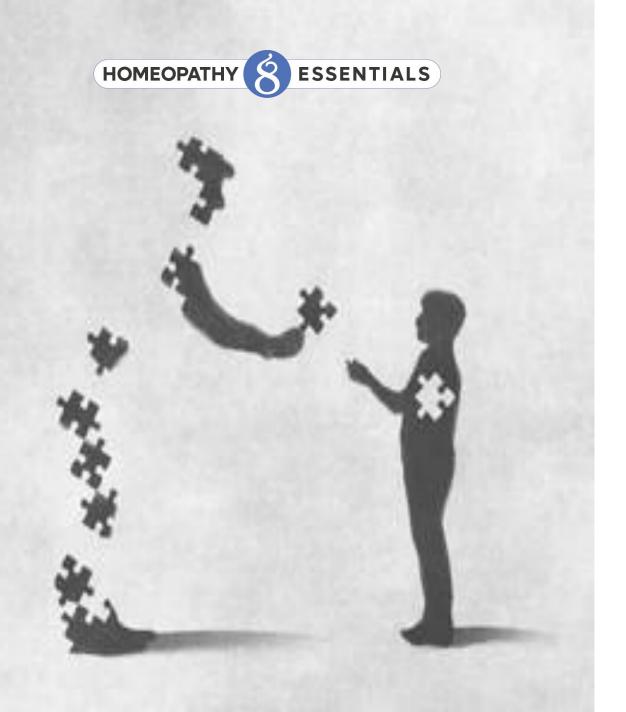
- Rosaceae family is the search for emotional safety and stability
- They want to know that they are loved, valued, and protected
- They want to ensure their emotional security
- BUT
- It makes them prone to clinging to loved ones or being overly cautious in new relationships



## SEX

- Rosaceae remedies often address internal conflicts surrounding desires, pleasure, and morality
- Sexuality may be seen as a source of guilt, temptation, or even something "sinful" that conflicts with purity or idealized love





### SACRIFICE

- They are ready to give themselves for the benefit of others
- They put the needs of loved ones before their owns
- It leads into an exhaustion or loss of self

## CHEERFULNESS

- Cheerfulness and happiness reflect their underlying optimism and resilience
- Representing the fresh bloom after the withering of past pains
- But cheerfulness and happiness is a state of their evolution



## MIND EVOLUTION OF ROSACEAE

**Initial Stage: Innocence and Naivety** 

- They are innocent
- Their heart is wide open to the world
- Their emotions are raw but beautiful, like a child who sees the world with wonder and has a complete trust in the goodness of others



#### **Initial Stage: Innocence and Naivety**

- It is a powerful idealism in this stage
- They are hopeful and full of dreams about love, relationships, and the beauty of life
- They have a huge desire to find or create something pure and perfect in their relationships



#### **Initial Stage: Innocence and Naivety**

- In this stage they are incredibly vulnerable
- They are often unaware of the dangers of the world and relationships
- There is a naivety that assumes people have the best intentions
- This naivety easily swept away by the romance of life
- Their emotional defenses are minimal, and they trust wholeheartedly



## **Emotional wounding stage**

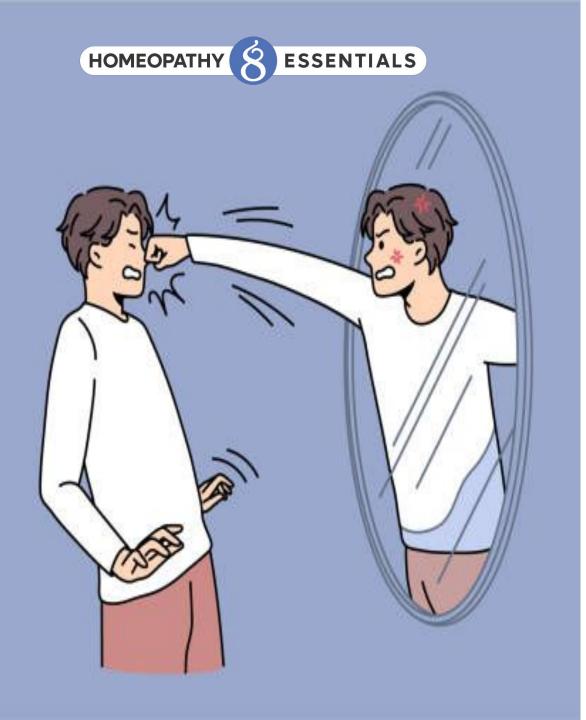
- Unrequited love, betrayal, the loss of a loved one, or repeated disappointments in relationships
- The once-innocent, open heart now feels the deep ache of grief, rejection, or loss
- The realization that life and love are not always perfect leads to disillusionment
- They can become bitter, angry and hopeless



## **Emotional wounding stage**

- There is an attempt to protect themselves from further hurt and they can build an emotional wall
- But some repress their emotions, trying to appear strong and unbothered
- And others become excessively guarded or cautious in new relationships





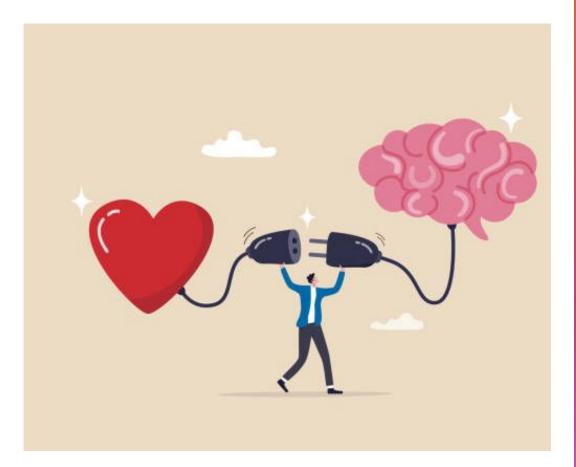
## Inner conflict stage

- They begin to question their previous beliefs about love, relationships, and themselves
- This stage is an inner conflict between wanting to experience love again and fearing the pain it may bring
- They vacillate between moments of longing for connection and moments of intense fear or mistrust
- An internal battle between holding on to their romantic ideals and accepting a more realistic view of relationships

## **Resilience Stage**



- Rosaceae is learning to accept the imperfections of life and relationships
- They learn to understand that love is not always a fairy tale, and that people are imperfect
- They let go of old wounds, understanding that holding onto pain only hinders their ability to live fully
- This stage involves forgiveness, both of themselves for their past naivety and of others who have hurt them.
- They are open to new experiences...







# Wisdom Stage

- They learn to love deeply but with wisdom
- They are able to open their hearts to others without being naive
- People in this stage understand that allowing themselves to feel and connect deeply is what makes life meaningful
- They have the courage to be open, even if there is a risk of pain, because they know they have the resilience to heal and grow

# Respiratory complaints

- Asthma
- Asphyxia
- Feelings of suffocation or suppression
- Constriction sensation as if emotions are stuck there





# Cardiac complaints

- Especially issues involving cyanosis or heart failure, reflect a weakened or "blue" heart
- Palpitations
- Angina, or blood pressure fluctuations
- Symptoms aggravate when linked to emotional stress

### Sub-Groups





They begin with a pure-hearted and open-minded approach to love, viewing it as essential to life's meaning

> "Love is beautiful, and I am ready to give my heart fully"



Then with their open nature, they experience heartache deeply, and emotional wounds manifest as a physical weight on the heart

They feel heaviness in the chest, palpitations, and "heartache"

"My heart feels broken; I don't know if it can heal"



Following heartbreak, they become guarded, cautious, or emotionally withdrawn to avoid further pain

They feel weakness, fatigue, a sense of loss

"I can't give my heart again; it's too painful"



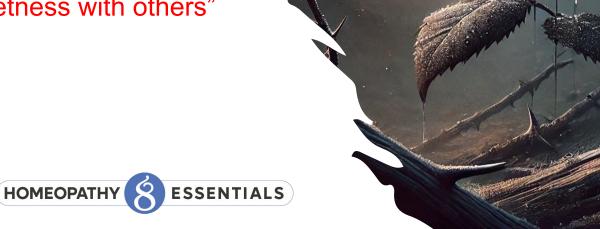
Rosa Damascena

Crataegus Oxyacantha

# Bitterness and Betrayal Remedies

They start with a gentle, loving, and nurturing disposition, seeking sweetness in their relationships

"Life is meant to be sweet and I want to share that sweetness with others"



# Bitterness and Betrayal Remedies

Then experiencing betrayal or a deep emotional hurt can transform initial warmth into bitterness, leading to a disillusionment with relationships or life itself

They feel bitterness, cynism, disappointment and emotional heaviness

"The sweetness I trusted in is gone; I no longer believe in the goodness I once saw"





# Bitterness and Betrayal Remedies

As a way to protect against further pain, they retreat into emotional numbness, becoming detached or apathetic as a defense mechanism

They feel emotional numbress, apathy, guardedness and disconnect from life

"I cannot let anyone in; feeling deeply will only lead to more pain."





# Bitterness and Betrayal Remedies

Amygdalus Persica

### Laurocerasus

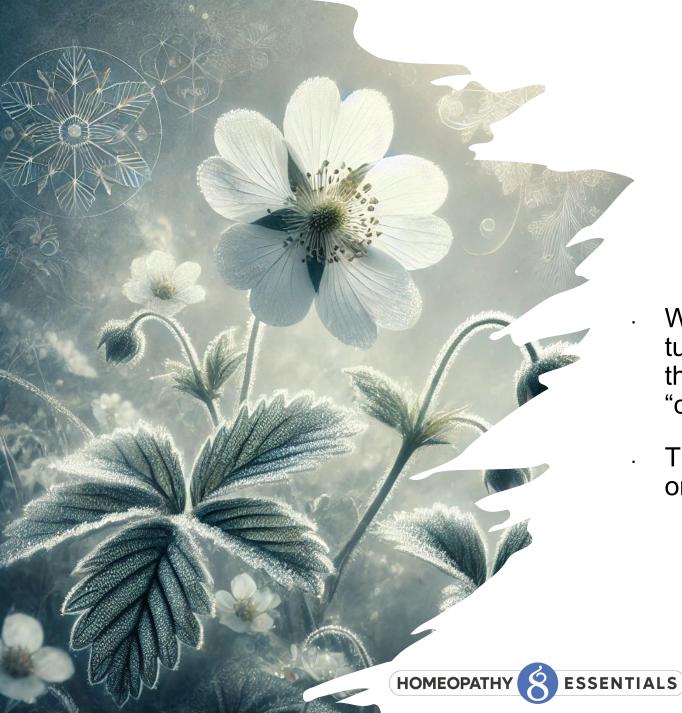






- There is a strong longing for purity and perfection in all areas of life
- They set high ideals for themselves, seeking perfect relationships, flawless experiences, and emotional stability

"I need everything to be perfect to feel at peace"



- When confronted with disorder or emotional turbulence, they feel intense discomfort, as if they are being emotionally or even physically "contaminated"
- They feel anxiety, overwhelm, distress at mess or disorder, and a heightened need for order

"Chaos feels like contamination; I can't relax if things are out of place"



To handle their sensitivity, they become overly controlling or perfectionistic, imposing strict boundaries to maintain a sense of purity and stability

They traits are: rigidity, perfectionism, emotional inflexibility, and attempts to control their environment

"I must keep everything in order; any impurity disrupts my sense of peace"



Fragaria Vesca

Spiraea Ulmaria

- They often feel constrained by their circumstances

   whether it's life situations, relationships, or
   internal emotional struggles
- There is a heavy sense of entrapment, as if freedom is unreachable
- They feel emotional heaviness, feeling stuck, inner frustration

"I'm trapped, bound by these situations or emotions, and there seems to be no way out"



- Over time, a sense of internal pressure builds as the desire for freedom intensifies
- In this stage they feel frustration, emotional strain or even physical symptoms like headaches or tightness, that reflect the pressure of feeling trapped

"This pressure is building up inside me, something needs to change, or I will break"

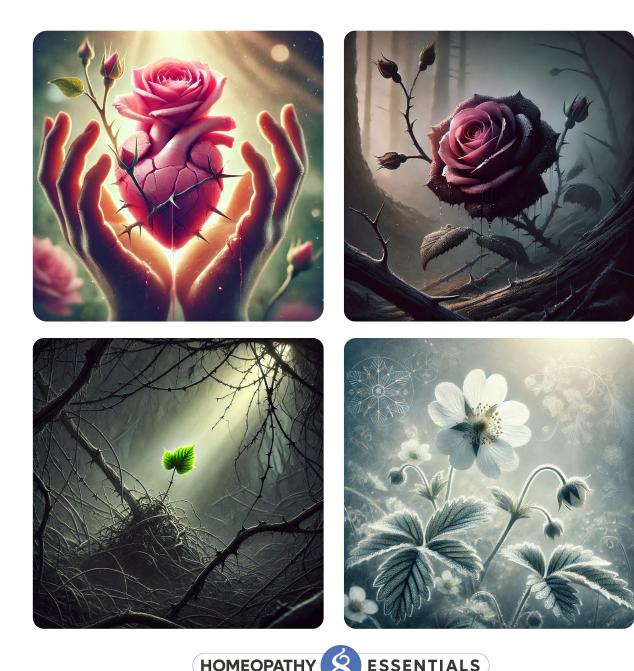


- Then they will find themselves in a deep struggle between the desire for liberation and the pull of old emotional patterns
- It is a cycle between attempts to break free and returning to familiar yet limiting behaviours or thoughts

"I am ready to break free, but I keep getting pulled back. I can't give up on finding my freedom"

Rubus Fruticosus Prunus Spinosa





# Summary

- Heart Remedies: themes of emotional vulnerability, heartbreak, and the journey of healing the heart
- 2. Bitterness and Betrayal Remedies: themes of sweetness turning bitter, emotional numbness, and the challenge of overcoming betrayal and distrust
- **3. Purity and Perfection Remedies**: themes of striving for emotional purity, sensitivity to chaos, and the journey from perfectionism to acceptance
- 4. Struggle and Liberation Remedies: themes of feeling trapped, experiencing inner pressure, and the desire for emotional freedom and empowerment



- Love is everything and everything is love
- Idealizing love
- Disappointment in love (broken heart - no rose without thorns)
- Sexual temptations; sex and sin; sexual problems
- Cheerfulness and happiness
- Sacrifice and charity
- Respiratory complaints: asthma, asphyxia, cough dry and spasmodic
- Cardiac complaints: failure with cyanosis

#### AGRIMONIA EUPATORIA

COMMON AGRIMONY agri. (Synthesis Adonis 30)



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#### ALCHEMILLA VULGARIS

COMMON LADY'S MANTLE alchem-vg. (Synthesis Adonis 21)



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#### AMYGDALUS COMMUNIS

ALMOND amyg. (Synthesis Adonis 181)



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#### AMYGDALUS PERSICA

PEACH

amyg-p. (Synthesis Adonis 64)



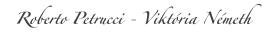
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#### CRATAEUGUS OXYACANTHA

HAWTHORN

crat. (Synthesis Adonis 256)







#### CYDONIA VULGARIS

QUINCE

cyd. (Synthesis Adonis 78)

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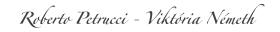


#### FRAGARIA VESCA

#### WILD STRWBERRY

frag. (Synthesis Adonis 69)



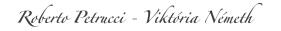




### LAUROCERASU S

PRUNUS LAUROCERASUS

laur. (Synthesis Adonis 4046)







### POTENTILLA ERECTA

TORMENTIL pot-e. (SYNTHESIS ADONIS 344)



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### PRUNUS SPINOSA

BLACKTHORN prun. (Synthesis Adonis 1035)



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### PYRUS AMERICANA

AMERICAN MOUNTAIN ASH pyrus (Synthesis Adonis 104)

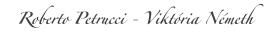


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## **ROSA CANINA**

DOG ROSE ros-ca. (Synthesis Adonis 38)







### ROSA DAMASCENA

DAMASK ROSE ros-d. (Synthesis Adonis 328)

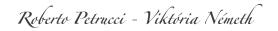


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## RUBUS FRUTICOSUS

BLACKBERRY rubu-fr. (Synthesis Adonis 7)







## **RUBUS IDAEUS**

RASPBERRY rubu-i. (Synthesis Adonis 7)



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### SANGUISORBA OFFICINALIS

GREAT BURNET sanguiso. (Synthesis Adonis 24)



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### SPIRAEA ULMARIA

MEADOWSWEET spirae. (Synthesis Adonis 161)



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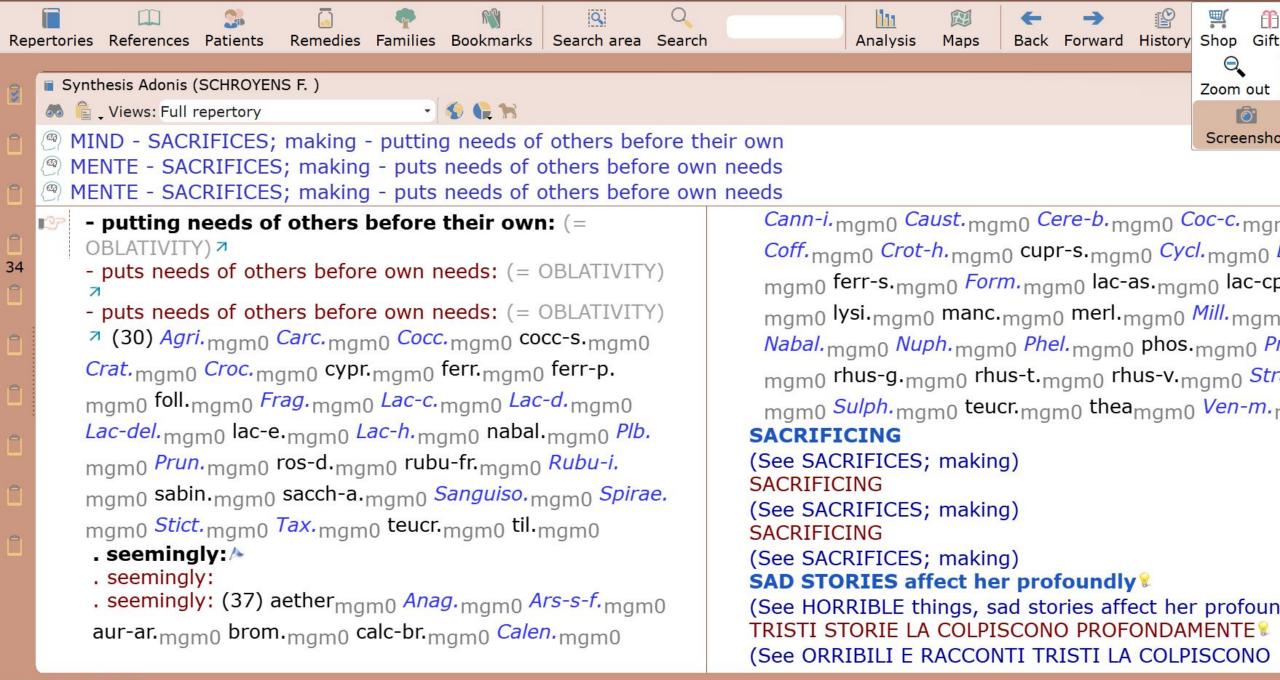
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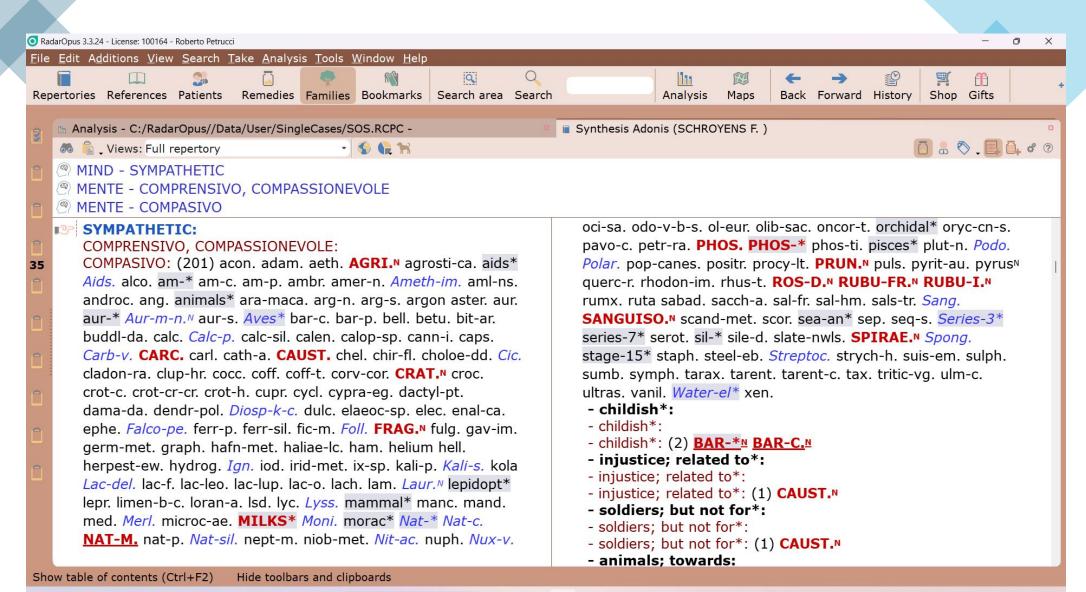
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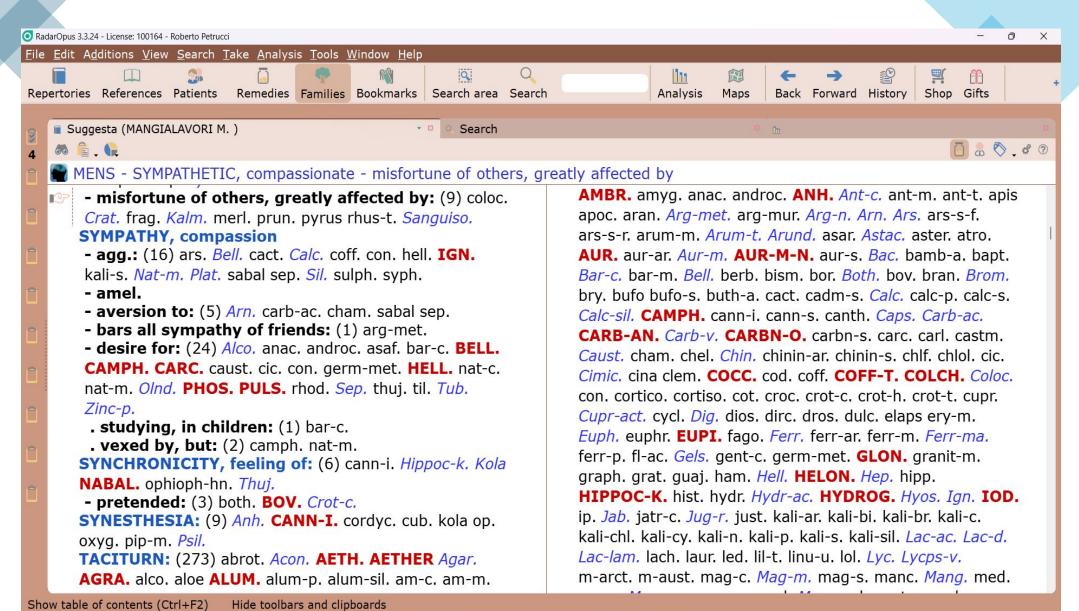


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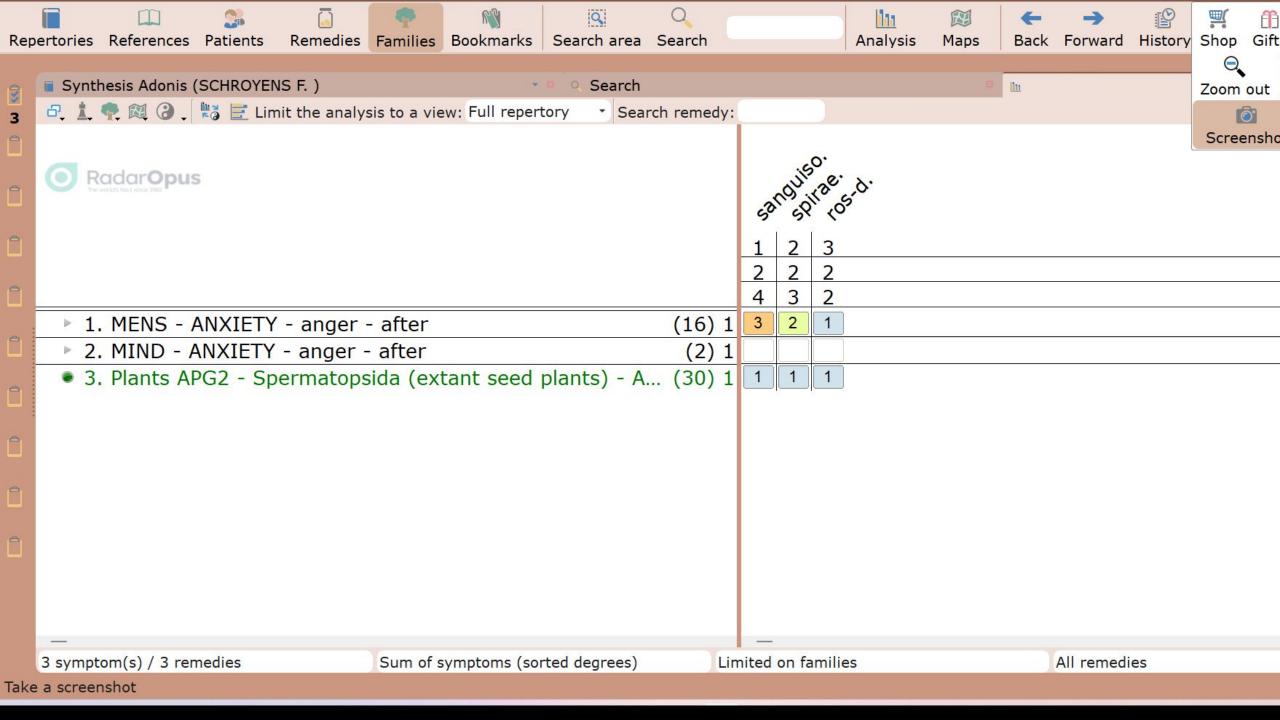
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# MAN

63 years old

#### **CYSTITIS - INSOMNIA**

**CERVICAL HERNIA AND CERVICAL PAIN** 

FIRST CONSULTATION: april 2024

The patient is the husband of a very dear friend, who calls me asking for help for her husband, who has been suffering from acute cystitis for 5 days and is not responding to antibiotic therapy (levofloxacin)

This is not the first time he has suffered from cystitis; he has also had cystitis in the past, but it has always solved with antibiotics

CYSTITIS

HOMEOPATHY (8)

She also tells me that her husband has decided to use homeopathy for a chronic problem of insomnia

As I have no availability to see him quickly, I explain to my friend that I can arrange a quick consultation at the end of the day to try to find a remedy for the acute problem

They come the same evening, at 8pm



He is a thin man, very kind

He seems particularly shy

I sit him down and ask him to tell me about his symptoms

**CYSTITIS** 

HOMEOPATHY (8)

I was hospitalized 2 weeks ago because I suffered from a syncope; after investigations they decided to implant a pacemaker

A couple of days after leaving the hospital, I started having these problems with cystitis



I went to the doctor who prescribed an antibiotic but asked for the urine test before starting the treatment

I did the urine test 3 days ago



Klebsiella pneumoniae > 1.000.000

Leukocyte esterase 500

Leukocytes 750

I ask about the antibiogram but it was not requested...





I say it would have been good to have the antibiogram as well...

Yes, maybe so, but our family doctor is very good, he probably had too many patients that day and he forgot it...

The wife intervenes



Now... that's just typical of him...

Always trying to understand others, to excuse others...

In the past we had another doctor who did all sorts of mistakes...



Do you know how long it took me to convince him to change?

He always found a reason to excuse him, to understand him, sometimes he even seemed a bit overly obsequious...

That is, if there is one thing he does not lack, it is gratitude...

Sometimes excessive and perhaps even unmotivated



I'm telling you all this because I know that mental aspects are important to you

I thank the wife for the information and explain to both of them that I will focus this time mainly on the physical symptoms



We don't have time to do a proper first visit and I have to focus on the current physical symptoms

Yes, yes, of course, let's try to be quick...



## **Explain the symptoms**

I have to urinate very often, not more than an hour passes and day after day it gets worse

There seems to be some internal irritation, maybe a mechanical problem or maybe an alteration in kidney function...



Do you have pain, burning?

Yes, it burns a lot

When? Before starting to urinate, during urination, at the end, after finishing?

**CISTITE** 



I have burning while urinating, I have no discomfort before or after...

That is, it's not intense burning, although the burning is always a bit there...



Where do you feel the burning?

I feel it inside my penis

Do you have any other pains?

Yes, in my belly, while urinating and after urinating and I have to sit down to urinate because otherwise I get wet all over...



When I urinate I have to bend over in pain and if I were standing it would be a disaster...

Can you describe the pain?

The pain is strong but while in the penis it is clearly a burning, in the belly it is really a pain...

It's like a squeezing hand, a kind of strong cramp



Where do you feel this cramp?

I feel it here, in the middle of my belly (points to the bladder area)

I beg your pardon, but I must run to urinate now

No problem, I'll wait for you



He returns after about 4 to 5 minutes

Excuse me but when I go to urinate then I have to get back my breath...

Do you mind if I stand?

No problem, are you still in pain?

**CYSTITIS** 

HOMEOPATHY (8)

No, the pain is gone but I prefer to stand

No problem, make yourself at home...

Is there always the urge to go and urinate?

Yes, I get the urge, I have to run but then I can't <sup>5</sup> urinate...



In what sense?

I cannot urinate immediately...

And what do you do?

I used to wait but the cramp would get stronger and stronger...

I tried everything... in the end I didn't solve the problem, but it seems to me that if I squeeze my belly maybe it takes a little less time



How much time passes from the moment the urge comes and the moment you start urinating?

He laughs... should I bring a stopwatch?

I don't know... if it's not a minute it's a minute away...



Do you mind if I move around while we talk?

No, do what you like...

Are you in pain?

No, but I need to move...

**CYSTITIS** 

HOMEOPATHY (8)

What's the urine stream like?

My stream hasn't been that intense for a few years now but these days it's even worse

So, it's a weak stream?

Yes, it's weak and I don't know how to say... as if the tube is narrowed...



What do you mean?

Think of a water pipe; it's as if the diameter of the pipe is narrow.

Have you ever noticed if the stream is single or if it's as if it's split in two?

Often my stream is split in two, but it has nothing to do with cystitis

It's already been a few years since I've seen it occasionally like this



**OK. One last question...** 

Do you always need to move between urinations?

No, it has nothing to do with cystitis, it's a habit I have...

If I'm stressed, I can't sit still...

**CYSTITIS** 

HOMEOPATHY (8)



# 3 drops 3 times every 2 minutes then 3 drops every hour until sleep tomorrow 3 drops every 2 hours



### **FIRST CONSULTATION**

- Last night I arrived home and immediately went to urinate
- I don't know if it was conditioned by my wife telling me that sometimes homeopathy worsens the symptoms, but the burning was very strong and lasted me even after urinating for at least half an hour
- And then?



- During the night I only got up once; I had pain like before
- And this morning?
- This morning when I woke up the burning was the same as in the past few days and also the frequency to urinate





# 5 drops 2 times every 1 minute after each urination



- Last night the burning got better and last night when I got up it was less intense
- During the day it got better
- How many times have you taken the remedy?
- 5 times
- So, you urinated much less often
- Yes, it was much better





# 5 drops 2 times every 1 minute after each urination



- The problem is solved
- Yesterday I took the remedy 4 times, but the burning was much less
- What about the cramp?
- Disappeared, I haven't had it any more



TEL (TWO DAYS LATER)



# 5 drops 3 times a day as a single dose, reducing by 1 intake every 2 days, then stop



TEL

(TWO DAYS LATER)

## I ask for a repeat urine test 15 days after starting the homeopathic therapy: perfect (no abnormal parameters and no infection)

 He asks if I can see him for the sleeping and cervical problem, so we schedule an appointment for a first consultation



TEL (20 DAYS LATER) I see him again at the end of June

I am again faced with a person who seems to be very nice

I ask him to tell me about his physical problems

FIRST CONSULTATION FOR CHRONIC PROBLEMS



In the meantime, thank you again so much for the cystitis; this time it was in a bit of trouble...

I hope you can also help me with the other problems I have

The thing that bothers me the most is sleeplessness and then I also have a cervical hernia

FIRST CONSULTATION FOR CHRONIC PROBLEMS



Where do you want to start?

Let's start with sleep



Tell me about what happens on your nights... I usually go to bed quite early, around 9.30 pm, hardly later

I fall asleep as soon as my head touches the pillow, and I sleep for two hours deeply

I wake up around midnight and that's when the problems start



#### In what sense?

In the sense that I have a lot of trouble falling back asleep and then I wake up several times; it's a kind of wakefulness

And it goes on like that all night long?

Generally, yes, it doesn't happen 7 nights out of 7 but often, at least 4 - 5 nights a week



And how are the other nights?

Not much different, I wake up a little less often...

Do you ever have recurring dreams?

I dream more or less the things that happen to me during the day. but I often don't remember the dreams



Then he wrote that you have a cervical hernia

Yes, between C5 and C6

When did you discover it?

At least 10 years but lately the symptoms are more annoying

**CERVICAL HERNIA** 

HOMEOPATHY (8)

What is happening to you?

Apart from the pain I also have vertigo

Tell me about it

I get vertigo two or three times a year now, intensely, but I am always a little dizzy, every day

**ERNIA CERVICALE** 

HOMEOPATHY 8

It's a kind of soreness, confusion, as if I'm not in the proper state...

Please explain

As I told you, two or three times a year I get the strongest vertigo; luckily, it's a matter of a day...

**CERVICAL HERNIA** 



On that day I have to stay at home because I can't stand up

But already by the next day the drugs have taken effect and all that remains is a sense of instability

But I have this sense of instability more or less all the time...

**VERTIGO** 



Is it the same for the whole day or is there a part of the day when it gets worse?

It's not related to the part of the day, but I notice it more if I move around

What do you mean by moving around? Even moving your head?

**VERTIGO** 



No, it happens if I move around, if I leave the house, when I am on the street but sometimes also in the office...

Do you have pain?

Some days I also have pain, here, just in my neck

**VERTIGO** 



Can you describe the pain?

Hard to describe it... it feels like something is pushing...

What do you mean like it's pushing?

**CERVICAL PAIN** 

HOMEOPATHY (8)

Like there's a fist inside your head that pushes

But does it push in or out?

It's like the fist pushes the bones of the head from the inside out but then the bones break

**CERVICAL PAIN** 



#### Do they break?

The feeling is as if they were breaking...

Anyway, after taking the remedy that you gave me for the cystitis, my neck problems have improved a lot, it's not as bad as before...

Even the feeling of dizziness is no longer there

## **CERVICAL PAIN**



Tell me something about your character I am a normal person, I have nothing special... At that point his wife stepped in

What for him is nothing special for me is more than special...





#### What does it mean?

It means that he is an extremely caring person towards me and towards others...

He always cares for everyone

He is always ready to help friends and relatives, even the less pleasant ones...



Then he pays the price a little...

#### Why?

Because he is extremely emotional and always puts others before himself but then sometimes, he feels bad because his heart is not so strong...



And what impresses you the most?

In what way?

What makes you emotional? What makes you suffer?



His wife steps in again

He is a very sensitive person...

Any suffering makes him feel bad and then he takes everything on his shoulders, he seems to have to solve everything



The husband replied

No, it's not that I have to solve everything!

But if you don't do certain things, maybe nobody else does...

I don't know if it's related to the education I received...



Are there any other meaningful aspects?

Something you are most often reproached for?

They both think a little then the wife lights up...



Yes, there is one thing everyone blames him for!!!

Especially our daughters...

What?

The use of remote control



Handling the remote control?

Yes, the remote control is his and only his...

I look at him a bit astonished...

It's my sensitivity...



I look at him even more astonished...

Yes, because there are times when I can't bear to see or hear certain news or certain scenes so I either get up from the sofa or change the channel...

Yes. and every night the daughters used to complain... now they are grown up and live in their flat but as long as they were at home...



I ask him if there is anything else meaningful in his character or if he has other things to tell me

There is a part of my past that I think is important for you to know

I invite him to tell me about it



I know you are of my age so you will remember when we were more or less teenagers...

Yeah, about what?

Well, at that time the drug problem was important... and let's say I had some experiences...



What kind of experiences?

Well, a bit of all of them...

I started with smoking and I smoked hashish, marjuana and even heroin, then I moved on to sniffing it and sometimes even in the vein....

Luckily cocaine saved me...

DRUGS



#### In what sense?

I got into a group of friends where cocaine was going around a lot and I moved away from heroin...

Some of my high school friends were found with needles in their veins... dead...

DRUGS



At the end of the consultation, we discovered we had mutual friendships and decided to call each other by our first names, given my long-standing friendship with his wife





#### 7 drops 1 time a day



### FIRST CONSULTATION FOR CHRONIC PROBLEMS

(END OF JUNE)

- Dear Roberto, once again thank you because your treatment has been very effective
- The cervical problem is much better, even though I generally feel better in summer; we'll see in winter...
- What has improved a lot is my sleep; I don't sleep as before, now the nights when I wake up are rare



MAIL (END OF JULY)

- It has been a gradual improvement, night after night...
- Now I wake up at most a couple of times a night, turn over and go back to sleep...
- The only problem your friend complains about is that I snore now...



MAIL (END OF JULY)



#### 7 drops 1 time a day



MAIL (END OF JULY)

- He is much better with regard to both cervicalgia and sleep
- He feels that for both complaints the improvement is over 80%
- In mid-September he had some burning sensations when urinating



#### CONSULTATION

(HALF OF OCTOBER)

- Without asking me, he decided to take the remedy as in the previous acute
- MK (1.000K) 5 drops 2 times in a row after each urination
- The next day was much better and the day after everything had passed



#### CONSULTATION

(HALF OF OCTOBER)

### 7 drops for 1 time a day for 6 days a week reducing by 1 day a week to 7 drops for 1 time a week



#### CONSULTATION

(HALF OF OCTOBER)

## **SYMPTOMS FROM REPERTORY**



IN A SINGLE INTUITIVE INTERFACE



#### BLADDER - URINATION - urging to urinate - frequent

URETHRA - PAIN - urination - during - agg. - burning

BLADDER - SPASM



BLADDER - URINATION - retarded, must wait for urine to start - press a long time before he can begin; must

BLADDER - URINATION - thin stream

BLADDER - URINATION - feeble stream

BLADDER - URINATION - forked stream



#### MIND - RESTLESSNESS - anxious - walking; compelling



SLEEP - SLEEPLESSNESS - night - midnight - before - morning; until

- □ VERTIGO REELING walking agg.
- BACK PAIN Cervical region Nape of neck pressing pain
- HEAD PAIN pressing pain outward
- HEAD PAIN pressing pain asunder



#### MIND - CARES, full of

- MIND AILMENTS FROM emotions
- MIND SACRIFICES; making putting needs of others before their own
- MIND SYMPATHETIC



#### MIND - RESPONSIBILITY - taking responsibility too seriously

- MIND HORRIBLE things, sad stories affect her profoundly
- MIND ADDICTED; tendency to become

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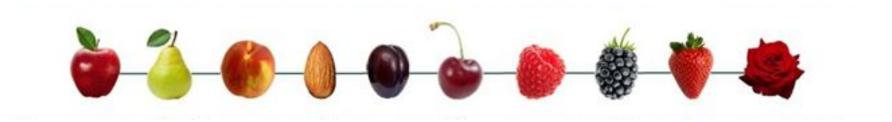
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1. BLADDER - URINATION - urging to urinate - frequent	(296) 1	13	3	3 3	3	2 3	3	3 1	3	3 3	2	2 2	22	2 2	2 2	
2. URETHRA - PAIN - urination - during - agg burning	(210) 1	1 2	3	2 2	3	2 1	2	3 1	3	3 2		2 1		1 1	3 3	
▶ 3. BLADDER - SPASM	(62) 1	2 2			2	2		2 1		1	2	1		1	1 2	
4. BLADDER - URINATION - retarded, must wait for urine to start - press a long time before he can begin; must	(56) 1	2	1	1	1	2 2		2 1	3							][
5. BLADDER - URINATION - thin stream	(40) 1	1 2					2			2 2		1		2		][
6. BLADDER - URINATION - feeble stream	(100) 1	2 1		1 1		2 2	1	2 1	2	3 3	2	1		2	3	
7. BLADDER - URINATION - forked stream	(19) 1		3			2			2	2				1	1	][
8. MIND - RESTLESSNESS - anxious - walking; compelling	(9) 1	1									<u>)      </u>				2	
▶ 1. MIND - CARES, full of	(220) 1	1		1 2	1	11	3	1	2	2	2	1 2	3 1	1	2	
2. MIND - AILMENTS FROM - emotions	(112) 1	3 3		2 2	3	1	3	2 1	2	1 1	3	2 1	22	2 1	3 1	
3. MIND - SACRIFICES; making - putting needs of others before their own	(30) 1	2											2			][
▶ 4. MIND - SYMPATHETIC	(201) 1	3 1		1	2	11		1	3	1		3			11	
5. MIND - RESPONSIBILITY - taking responsibility too seriously	(136) 1	3 1		11		1						1	11		1	
6. MIND - HORRIBLE things, sad stories affect her profoundly	(114) 1			2 2	2	2	3	2	2	2		2 2	12	2	4	
7. MIND - ADDICTED; tendency to become	(67) 1	1 1	1	1	1	1						1				
1. SLEEP - SLEEPLESSNESS - night - midnight - before - morning; until	(38) 1	2 2	1			mF	2	1		1 1	imf	1			ΠE	ar
2. VERTIGO - REELING - walking agg.	(25) 1				10			1		2			1	1		<u>j</u>
3. BACK - PAIN - Cervical region - Nape of neck - pressing pain	(45) 1		1	1 2	1			1		1		1	1 1	1 1	ΠE	ĴĹ
▶ 4. HEAD - PAIN - pressing pain - outward	(115) 1	2 1		1 3	2	2 1		2 1		1 2	2	2		3	1 1	
5. HEAD - PAIN - pressing pain - asunder	(74) 1	2 1	2	2	2	2	2	2 1		2		3	11		2 1	
14 D.C. Weisser, Sonach 1988, M. Boull'State, Const. (Bold 1981)		_					2000 - 10			659.0					h - (d. 1 )	
20 symptom(s) / 694 remedies Sum of symptoms (sorted degrees) No limitat																

## ROSACEAE



- Love is everything and everything is love
- Idealizing love
- Disappointment in love (broken heart no rose without thorns)
- Sexual temptations; sex and sin; sexual problems
- Cheerfulness and happiness
- Sacrifice and charity
- Respiratory complaints: asthma, asphyxia, cough dry and spasmodic
- Cardiac complaints: failure with cyanosis



## PRUNUS SPINOSA

BLACKTHORN prun. (Synthesis Adonis 1035) GROUP: ROSACEAE



Roberto Petrucci - Viktória Németh







## **PRUNUS SPINOSA**

- Sacrifice with tendency to put the needs of others before one's own, especially in the family with desire to share ideas and build something together
- Emotionality, affection, empathy and sense of responsibility
- Respect, loyalty and gratitude
- Attempt to detach oneself from one's body with cold, mechanical and impersonal descriptions of one's symptoms
- As if paralyzed and paralyzed: tendency to paralyzing disorders with reduced movement and inability to help others resulting in a sense of uselessness
- Bladder: cramps, spasms, tenesmus, inflammation, pollakiuria, dysuria, strangury, retention
- Spasm and spasmodic, especially at the visceral level (genitourinary and gastrointestinal)
- Tendency to bleed: epistaxis, retinal hemorrhage, rectal hemorrhage, metrorrhagia

## ROSA DAMASCENA

DAMASK ROSE ros-d. (Synthesis Adonis 328) GROUP: ROSACEAE



Roberto Petrucci - Viktória Németh







## **ROSA DAMASCENA**

- Idealisation of love with deep romantic feelings that do not evolve into a real form
- Charmer and flirtatious: I would like everyone to look at me as beautiful, intelligent, different from others, with a classy look (special attention to clothing)
- Exaggerated emotional and relational sensitivity (affection, empathy, problems from love disappointments)
- Great sense of duty and guilt especially when unable to control their instincts
- Assertiveness and ambition with high expectations of oneself; feeling of guilt when not achieving goals
- Altered body sensation: taller than others when everything is under control, shorter when emotions get out of control
- Sensory: problems with visual accommodation, photophobia, hearing difficulties, sensitivity to odors and smells, nausea, feeling of numbness (lips, hands, lower limbs)
- Allergies with dermatological and upper respiratory tract symptoms

#### WOMAN

KINDERGARTEN TEACHER

46 years old

#### HEART FAILURE - THALASSAEMIA INTERMEDIA

OSTEOPOROSIS

FIRST CONSULTATION: JANUARY 2014



She arrives at the consultation about 30 minutes late and as soon as she enters, she also apologizes profusely for not being able to give notice









Unfortunately, I was held up at work due to an urgent problem

Which is your job?

I am a kindergarten teacher and this morning a child fell ill at school



CONSULTATION





I got very worried and wanted to wait for mum to come and pick him up

You know, he's a rather peculiar child, very shy and in need of affection



He's three years old and was recently adopted







I love all my children, but I am even fonder of him

Anyway, I rushed out of school and didn't realise I had left my mobile phone there until I arrived at the station









I missed the train and had to wait for the next one

At that point I thought of calling to warn you and I realised I didn't have my mobile phone









I'm so sorry, Doctor!

Don't worry, these things happen...







#### **FAMILY ANAMNESIS**

# FATHER deceased - MYOCARDIAL INFARCTION 36 YEARS OLD MOTHER deceased - POLMONARY HYPERTENSION 43 YEARS OLD

**ANAMNESIS** 



In 1980 diagnosis of thalassaemia intermedia during hospitalisation for abdominal pain (chelation therapy since 1982 with Desferal)

October 1989 (33 years) - tonsillectomy for recurrent tonsillitis



**ANAMNESIS** 



Proteinuria since 1994, values stable at about 1 g/24h

In 1996 splenectomy and cholecystectomy (cholelithiasis), with re-infusion of autologous splenic blood

Liver and kidney biopsies were taken, which showed respectively second and third degree parenchymal siderosis and minimal glomerular lesions with doubtful mesangial deposits



ANAMNESIS



In 2010 first episodes of heart palpitation and dyspnea o exertion

In 2011 MRI finding of hepatic martial overload





In 2012 Foramen Ovale Pervio found, transcranial Doppler performed (negative at baseline passage of bubbles, positive at Valsalva manoeuvre, as for mild unstable shunt)



At multiple re-evaluations never suggested correction of defect

**ANAMNESIS** 



Since end of 2012 increase in proteinuria to 2 g/24h

Various attempts at ACE-inhibitor and sartan therapy, without success





February 2013: finding of symptomatic reduced adrenal reserve (asthenia and fatigability)

Therapy with Cortone acetate 25 mg.  $\frac{1}{2}$  cp in the morning +  $\frac{1}{4}$  cp in the afternoon is started



**ANAMNESIS** 



Periodic echocardiographic checks also showed a dilatative trend in the left ventricle, with reduced ejection fraction, and the left atrium

ProBNP assays documented a gradual increase







# **CARDIAC ECHOCOLORDOPPLER 2013:**

left ventricle increased in size. EF 44%

### **BLOOD TEST 2013**

RBC 2.950.000

Hb 7.9

```
FERRITINE 785 (nv: 15 - 150)
```

NT - PRO BNP II: 1340 (nv: 5 - 900)





### **THERAPY 2014**

Folin 5 mg 2 cp/day Dibase 25000 U 1fl/month from May to September Bisoprolol 2.5 mg 1 cp/day Losartan 12.5 mg 1 cp/day Oncocarbide 500 mg 1 cp/day Cardioaspirin 100 mg 1 cp/day Desferal 1 chelating injection once a week







Patient reports diagnosis of osteoporosis but no previous examinations available

I request a new mineralometry which will be performed in February 2014 with confirmation of osteoporosis



**ANAMNESIS** 



#### **OTHER INFORMATION FROM THE MEDICAL HISTORY**

**MENARCHE: 12 YEARS** 

**REGULAR MENSES** 

LENGTH OF MENSES: 3 days



MENSES-RELATED COMPLAINTS: DURING (PAIN IN THE OVARIES): feeling of the broken ovaries on the first day of the menses

Normal flow

BIRTH: September 1999 - caesarean section at 35 weeks due to renal distress





# Frequent **HEADACHES**, described as a dull pain in the left frontal area





#### **ALLERGIES**

NICKEL (itching)

GRAMINACEE - AMBROSIA (itching of palate, nose and ears; worse in spring; she occasionally takes Zirtec)





# VERY LIGHT SLEEP, JUST FOR A FEW YEARS (6 - 8 awakenings per night; on average he falls asleep again in 5 - 10 minutes)





# SHE REPORTS VERY LITTLE ENERGY





# **FOOD DESIRES:** PASTA WITH TOMATO SAUCE, PASTA WITH PESTO SAUCE, CHIPS, SCHNITZEL, PIZZA, SNACKSFOOD

**FOOD AVERSIONS:** VEGETABLES, FRUIT, OYSTERS, SPICY FOOD, BITTER FOOD

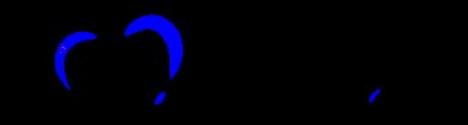




# NEITHER WARMBLOODED NOR CHILLY



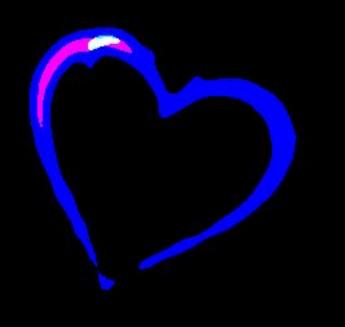




Tell me something about your character

I am a quiet, shy person and I don't have a lot of self-confidence

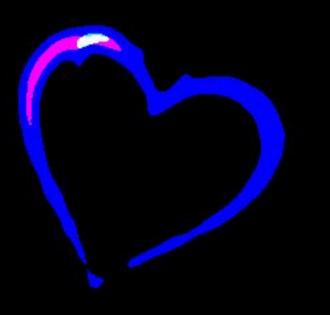
I always try to do my best, but I don't always succeed in what I would like to do







Physically, too, I can't cope at all and in fact I am always assisted by a younger colleague because I really can't make any effort and fortunately all the other colleagues also help me out...



MIND

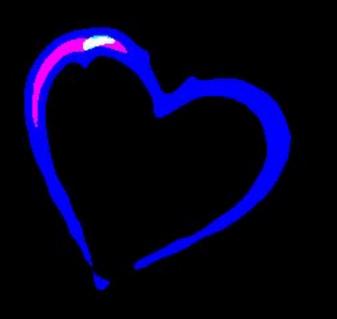




My little heart does what it can

She smiles... sorry, I call it a little heart even though it's actually bigger than it should be...

Unfortunately, this is the heart that I received, what can I do?



Unfortunately the problem is not just the heart....







Do you like children a lot?

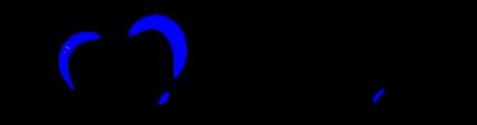
Children are my life, they are everything to me...

Sometimes I think about what I will do when I will retire...

I hope that my daughter will remain living near us and that I can at least be a grandmother even though I already know I will be a very anxious grandmother







I am anxious with my children, I can't think how anxious I will be for my grandchildren

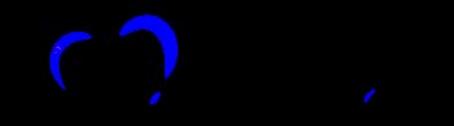
I take to heart all the slightly peculiar stories, all the suffering, sometimes it's hard to resist...

My heart explodes...

MIND







Which sufferings affect you the most?

All suffering affects me but the suffering of children... I can't stand it...

If there is a programme on TV about children in Africa or children's hospitals...

MIND





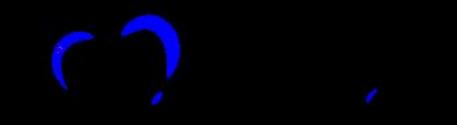
Uh, after two minutes I have to change the channel, I just can't...

And if I can help someone, I never back down...

I'm always worried about others, but not just my family



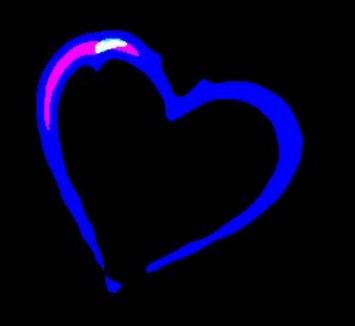




My husband always scolds me...

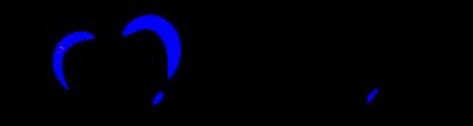
He tells me I can't take on everyone's problems

He tells me I must think more of myself





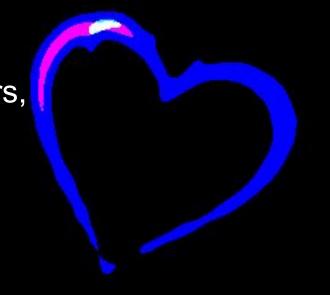




He calls me 'the living sacrifice'... because I think of others, then I think of others, then I think of others and finally I think of myself... maybe...

But I am like that, how can I change?

And then I don't want to change (big smile)





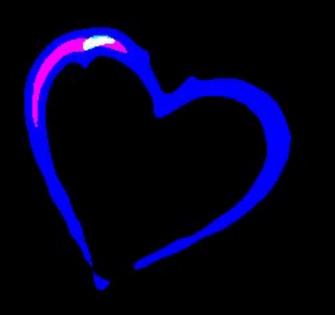




Sacrifice for whom? For what?

But it's not a big deal... my husband exaggerates...

It's just that I like to think of others, that then thinking of others is still thinking of children...









For example, I worry about finding clothes and toys for those poorer families

I have two younger sisters who have young children and they often ask me to baby-sit...

As much as I can, I do it! Luckily their children are very quiet, so physically it's easier







- The patient started with taking the LM3 dilution 1 drop 2 times a day
- Over the years she took:
- LM6, LM9, LM12, LM18, LM30
- MK, XMK, LMK, CMK



# HOMEOPATHIC THERAPY



 She had gradual and continuous improvements in every area (headaches, ovarian pain, allergies, sleeplessness and above all energetic condition)



#### **FOLLOW UP**

- In January 2022 for heart palpitation and dyspnea on exertion performed:
- CT chest: no signs of acute pulmonary embolism, dilatation of the common trunk of the pulmonary artery and right pulmonary artery
- Pulmonary scintigraphy: diffuse irregularities of pulmonary perfusion
- Cardiac catheterisation: imaging and hemodynamic picture suggestive of chronic thromboembolic disease with signs of cardiac overload



# FOLLOW UP

# Pulmonary hypertension diagnosed and anticoagulant therapy started with Clexane 4000 IU x 2/day, switch to Lixiana in June 2022

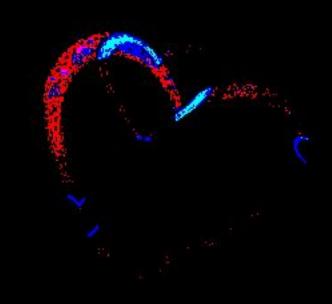


#### **FOLLOW UP**



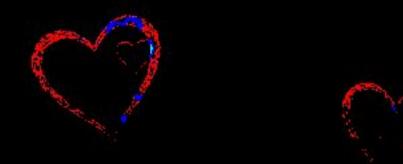
**CARDIAC ECHOCOLORDOPPLER 2013:** increased left ventricle size. EF 44%

# **CARDIAC ECHOCOLORDOPPLER 2023:** left ventricle of stable size. EF 55%









**BONE MINERAL DENSITY (February 2014):** Bone mineral density (BMD) values reduced compared to normal reference range limits (T-score lumbar L1-L4: -2.2. T-score femoral neck: -3.4; tot: -3.3)

**BONE MINERAL DENSITY (March 2024):** Bone mineral density (BMD) values reduced from normal reference range limits (T-score lumbar L1-L4: -1.7. T-score femoral neck: - 2.6; tot: - 2.7)



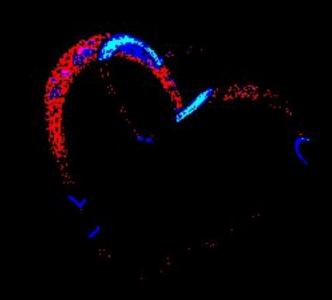






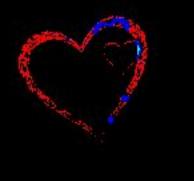
### MRI 2011: finding of hepatic martial overload

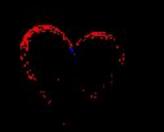
# MRI 2022: finding of mild hepatic overload



#### **CHANGES**

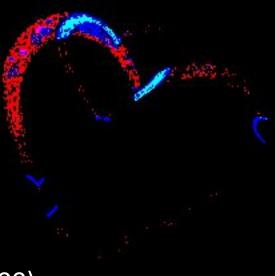






#### BLOOD TEST 2013 RBC 2.950.000 Hb 7.9 FERRITINE 785 (nv: 15 - 150) NT - PRO BNP II: 1340 (nv: 5 -900)

BLOOD TEST 2024 RBC 3.430.000 Hb 10.3 FERRITINE 215 (nv: 15 - 150) NT - PRO BNP II: 340 (nv: 5 - 900)



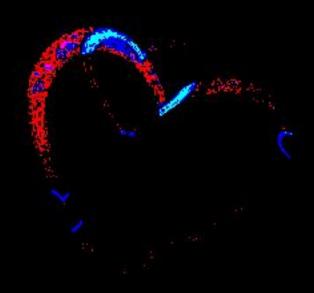








**PROTEINURIA** 2013: 2 g/24h 2023: 0,3 g/24h





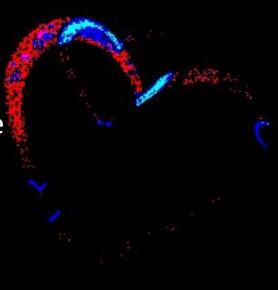






**February 2013:** finding of symptomatic reduced adrenal reserve (asthenia and fatigability); therapy with Cortone acetate 25 mg. <sup>1</sup>/<sub>2</sub> cp in the morning + <sup>1</sup>/<sub>4</sub> cp in the afternoon is started

**June 2024:** after repeat ACTH stimulus test Cortone is discontinued on the basis of test normality









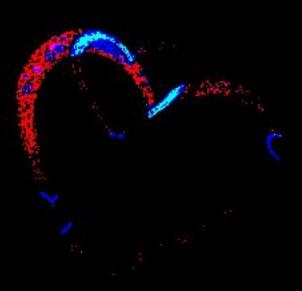


#### **THERAPY 2014**

- Folin 5 mg 2 cp/die
- Dibase 50000 U 1fl/mese
- Bisoprolol 2.5 mg 1 cp/die
- Losartan 12,5 mg. 1 cp/die
- Furosemide 25 mg 1 cp/die
- Oncocarbide 500 mg 1 cp/die
- Cardioaspirine 100 mg 1 cp/die
- Desferal 1 iniezione chelante 1 volta a settimana

#### THERAPY 2024

- Dibase 25000 U 1fl/mese
- Furosemide 25 mg ½ cp/die
- Oncocarbide 500 mg 1 cp/die
- Lixiana 30 mg 1 cp/die



## ALLOPATHIC THERAPY



## **SYMPTOMS FROM REPERTORY**



IN A SINGLE INTUITIVE INTERFACE



MIND - LOVE - children; for

MIND - SYMPATHETIC

- MIND SYMPATHETIC children towards
- MIND SACRIFICES; making putting needs of others before their own



### CHEST - HEART failure

CHEST - HEART; complaints of the - chronic

CHEST - DILATATION of heart

CHEST - HEART; complaints of the - chronic - accompanied by - weakness; general



### HEAD - PAIN - Forehead - left

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1. MIND - LOVE - children; for	(24) 1		2	1												
2. MIND - SYMPATHETIC	(201) 1			3		4	3	1	2	1	1		1 1		2	
3. MIND - SYMPATHETIC - children - towards	(3) 1	2														
4. MIND - SACRIFICES; making - putting needs of others before their own	(30) 1	2					2									
5. CHEST - HEART failure	(77) 1	2	2	1	1	1		2	1	1	2 1		1 1	][1		1
6. CHEST - HEART; complaints of the - chronic	(5) 1	1	1		1						1					
7. CHEST - DILATATION of heart	(58) 1	1	2	2	2	2	1	2	2	1	1 2	2	2 1	3	2	2
8. CHEST - HEART; complaints of the - chronic - accompanied by - weakness; general	(5) 1	1	1		1						1					
9. HEAD - PAIN - Forehead - left	(198) 1	1	1	2	1	1	1	1	1	2	1		1	1	1	1



# ROSACEAE

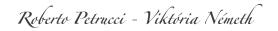


- Love is everything and everything is love
- Idealizing love
- Disappointment in love (broken heart no rose without thorns)
- Sexual temptations; sex and sin; sexual problems
- Cheerfulness and happiness
- Sacrifice and charity
- Respiratory complaints: asthma, asphyxia, cough dry and spasmodic
- Cardiac complaints: failure with cyanosis



## CRATAEUGUS OXYACANTHA

HAWTHORN crat. (Synthesis Adonis 256) GROUP: ROSACEAE









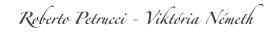


## **CRATAEUGUS OXYACANTHA**

- Lack of self-confidence: 'I always try to give my best, but I don't always succeed in what I would like to'
- A world as a child: lightness, enthusiasm, play, smile, sensitivity, impressionability, fears
- A world for the children: love, care, empathy, sacrifice, worries and anxieties for children
- I would like to do everything for everyone, but I don't always succeed, and I have to be careful not to overdo it because then I pay the consequences
- I would have needed more love but the people next to me also had so many other things to think about
- Heart diseases: angina pectoris, coronary artery disease, atherosclerosis, dilatation, hypertrophy, heart failure, complaints of the valves, myocarditis, pericarditis, hypertension
- Tendency to age-inappropriate diseases (rash, enuresis, tonsillitis, otitis, impetigo)
- Extreme weakness, sometimes sudden, sometimes fainting

# LAUROCERASU S

PRUNUS LAUROCERASUS laur. (Synthesis Adonis 4046) GROUP: ROSACEAE











## LAUROCERASUS

- Forsaken feeling and sensation of isolation with delusion that no one loves them, they are unlovable, so they do not even try to get involved in love
- Withdrawal from life that expresses itself physically in fainting, heart disease, stroke and coma
- Any loss brings a grief: love, children, parents, friends, objects, job, sleep
- Ailments from stress, grief, sexual abuse, quarrels between parents, fright and shock
- Collapse states, cyanosis, sensation of internal coldness not ameliorated by external warmth and intolerance to cold
- Heart complaints: heart failure, cardiomyopathy, dilatation of heart, complaints of valves, angina pectoris, arrhythmia
- Bronchial and lung complaints: sensation as if one cannot expand lungs with respiration accelerated, superficial, panting, intermittent, irregular, difficult, asthmatic, rattling, gasping, stertorous, obstructed, interrupted, arrested, asphyxia
- Debilitation and lack of reaction, especially in respiratory and cardiac conditions





**ORCHIDACEAE** SALEPGİLLER



### **BAĞIRSAK NOSODLARI**



**ROSACEAE** GÜLGİLLER



### **BAŞ AĞRISI**



HOMEOPATİDE POZOLOJİ



**LILIALES** ZAMBAK TAKIMI

**SET 12** 

**SET 13**