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Perceiving the Man Behind the Disease

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Alumina



Alumina





Alumina

- It especially takes hold of the intellect and so confuses the intelligence that the patient is unable to effect a decision; the judgment is disturbed.
- He is unable to realize; the things that he knows or has known to be real seem to him to be unreal, and he is in doubt as to whether they are so or not.



Alumina

- "When he says anything he feels as if another person had said it, and when he sees anything, as if another person had seen it, or as if he could transfer himself into another and only then could see."
- That is to say, there is a confusion of mind, a confusion of ideas and thoughts.



Alumina

- The consciousness of his personal identity is confused. He is not exactly certain who he was; it seemed as though he were not himself.
- He is in a dazed condition of mind. He makes mistakes in writing and speaking, uses words not intended; uses wrong words.



Alumina

- Confusion and obscuration of the intellect. Inability to follow up a train of thought.
- Then he enters into another state, in which he gets into a hurry. Nothing moves fast enough; time seems so slow; everything is delayed; nothing goes right.



Alumina

- Besides this he has impulses. When he sees sharp instruments or blood, impulses rise up within him and he shudders because of these impulses. An instrument that could be used for murder or for killing causes these impulses to arise; impulse to kill herself.



Alumina

- The Alumina person's identity has been so much suppressed that he doesn't know who he is anymore.
- He is so confused because someone has tried to shape him into something that he is not.
- It is one of the most important remedies for confusion of identity in our Materia Medica. The situation of Alumina may arise as for example from a conflict between parent and child, where the child is not being given an identity. Whatever the child does, they say: "No, not this!"



Alumina

- His individuality and identity have been broken down. Whatever the child says is not right – “You are no one, you know nothing!”
- Then comes despair: “I don’t know what to do. I don’t know what I am, who I am. I don’t even know what I want, what I want to be. I am so small, so timid and completely dependent on the parent.”



Alumina

- Alumina is listed under the rubrics: “Irresolution, timidity and fear”, “Delusion, head belongs to another”.
- The patient doesn't even know to whom his head belongs.
- He feels as if somebody else thinks for him, and he can't think for himself.



Alumina

- He feels as if someone else heard or said something when it was he who heard or said it.
- His real identity is being suppressed, is being pushed in, so that he has to mould himself according to what other people want.
- Sometimes the parental control is so strong that the child loses his identity and becomes impulsive; for example, he may grab someone's hand, or has impulsive acts of violence.



Alumina

- In failed cases of Alumina, there is a tremendous sense of desperation to the extent of suicidal tendencies: “Morbid impulses to shoot himself”, “Impulse to cut herself even though she abhors the idea”.
- This shows the impulsiveness, the destructiveness, irresolution, timidity and fear.



Alumina

- Control is a big theme in Alumina. A lot of his problems have to do with control – control of the body, of the limbs, impulses, a fear of losing control. As the mental will has been undermined (symptom: “weak will”), so also the will is taken away from the muscles too, and he can’t move properly, he has no balance.



Alumina

- At the same time, Alumina likes to be in control of situations. Being a mineral, there is also an element of organization, of fastidiousness. A man who has lost his identity has to be fastidious, has to do everything perfectly according to someone else, otherwise he feels completely humiliated and finished.



Alumina

- He feels he needs to be hard and rigid in order to keep up his identity, thus in the coped-up state the Alumina patient can be quite hard and rigid.
- **Hence the rubrics are:**
 - Timidity alternating with assurance.
 - Obstinate, resists the wishes of others.
 - Defiant.



Alumina

- Alumina might be a good remedy for left-handed children who have been forced to write with their right hand.
- They are forced to lose their identity and become confused as to whether they are left-handed or right-handed.
- When you force a child to be something other than what he naturally is, you encourage the Alumina situation.



Alumina

- **Rubrics:**

- Confusion, identity, as to his.
- Delusion, head belongs to another.
- Delusion, identity, errors of personal.
- Contradictory to speech, intentions are.
- Impulse, morbid.
- Suicidal disposition, seeing blood or a knife, she has horrid thoughts of killing herself, though she abhors the idea.
- Fastidious.
- Ailments, scorn, being scorned.
- Contemptuous.
- Obstinate, resists wishes of others.



Alumina

- They cannot take any decision on their own
- They will always look at their parent or spouses when asked some questions
 - Delusion head belongs to someone else.
 - Indecisive
 - Irresolute
 - State of confusion
 - Identity crisis



Alumina

		alum.	
		1	2
		9	5
		16	6
▼ 2. ALUMINA		x	
▶ 1. MIND - DELUSIONS - head - belongs to another	(7) 1	2	1
▶ 2. MIND - DELUSIONS - identity - errors of personal identity	(44) 1	2	1
▶ 3. MIND - CONFUSION of mind - identity, as to his	(180) 1	3	1
▶ 4. MIND - WILL - contradiction of	(39) 1	1	2
▶ 5. MIND - IRRESOLUTION	(326) 1	2	1
▶ 6. MIND - NARROW-MINDED	(6) 1	1	
▶ 7. MIND - NEGLECTING - important things	(5) 1	1	
▶ 8. MIND - MATHEMATICS - inability for	(36) 1	1	
▶ 9. MIND - DISCRIMINATION, lack of	(8) 1	3	



Alumina

- **Dryness both physically and emotionally**
 - Dryness of all mucous membranes - stools are dry hard as if burnt
 - Dryness, paralysis and slowness
 - Will talk without emotions, will speak everything in too much details, boring and dry, no emotions involved
- **Truth tells the plain** - hurts the dr, but says clearly whatever comes to his mind - dryness without emotions
 - Sepia is also very dry but Alumina is in egotism while Sepia is not, Sepia is secretive while Alumina is in truth tells the plain



Alumina

- Delusion, numb being - emotionally numb
- Communicative
- Expansive
- Everything he tells in details, absolute details
- But complete lack of emotions
- Whether positive or negative expression is flat



Alumina

- **Laughing contemptuous** - they will clearly say that your medicines don't work at all, no effect at all - totally blank and dry
- **Perseverance** – they will continue the treatment in spite of no relief
- **Bed desires to be** – at least I'm comfortable not aggravated, I'm the same hence continuing - **Objective reasonable**



Alumina

- Egotism
- Delusion, great person he is
- The way he presents himself is very important - dryness
- Smiling, never



Alumina

			alum.	
			1	2
			5	5
			6	6
▼	5. ALUMINA 2			x
▶	1. MIND - EGOTISM	(107) 1	2	1
▶	2. MIND - HAUGHTY	(208) 1	1	2
▶	3. MIND - DELUSIONS - large - parts of body seem too large	(21) 1	1	1
▶	4. MIND - DELUSIONS - enlarged - body is - parts of body	(22) 1	1	1
▶	5. MIND - DELUSIONS - great person, is a	(62) 1	1	1



Alumina

		alum.	
		1	2
		4	2
		5	3
▼ 6. ALUMINA 3		x	
▶ 1. MIND - SUICIDAL disposition - knife - sight of a knife; at the	(4) 1	1	<input type="checkbox"/>
▶ 2. MIND - KILL; desire to - knife - sight of a; at the	(8) 1	2	2
▶ 3. MIND - FEAR - suicide; of - knife; on seeing a	(2) 1	1	1
▶ 4. MIND - FEAR - blood; fear when looking at	(4) 1	1	<input type="checkbox"/>



Alumina

- **Kent:**
 - Choking, oesophagus, swallowing.
- **Phatak:**
 - Fear, impulse, of his own.
 - Soles soft, furry.
 - Talks, through him, other person, as if.

Delusion of wedding

- Delusion of wedding - the rituals or ceremony with its festivities preceding marriage that lasts for 2-3 days
 - Marriage is an institution, lasts forever, for a lifetime
 - Wedding does not last, it is temporary
 - You join with each other
- Alumina fears that he has to stay with it for a lifetime
 - Fear of impending incurable disease
 - Delusion he has incurable disease
 - Despair of recovery



Alumina

- Dominating and egoistic
- Narrow minded
- Resists wishes of others
- Feels he is great man
- Delusion great
- Defiant
- Ardent
- Barking
- Haughty
- Expansive
- Obstinate, resists the wishes of others
- But his condition has made him listen to others
- Reluctance to any kind of employment - Allen's encyclopedia
- Cannot work under anyone



Alumina

- Blood cannot look at
- Knife cannot look at
- Kill desire at sight of gun
- Suicidal disposition at sight of knife
- Delusion impelled to commit suicide at seeing a knife
- Weary of life at the sight of blood or knife



Alumina

- Blood is one of the main fluids in the body
- Other losses can be compensated easily
- Loss of blood leads to destruction
- Blood is connected with relatives
- They are with me, they walk with me
- Blood cannot look at - whenever there is problem with relationships - knife, blood
- Becomes yielding - only metal which yields - no option
- Cannot bear to see fights and arguments at home among relatives which might destroy the relationship
- Sadness, joyless, smiling never, indifference
- Rest desire for
- Praying fervent - 'Please, try to get me out of this!'



Alumina





Alumina



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Alumina

VAGUENESS, no clear symptoms come out.

Seems closed, self-protective.

SLOWNESS. Slow comprehension. Dullness.

Answers slowly and vague. Seems not involved, speaks monotonous.

Difficult in expressing himself or his problems. Rubs forehead.

Mind seems 'constipated'.

RESTRICTED IMAGINATION. Irresolution. Incomprehension.

DOESNT TOLERATE PRESSURE, ESP. OF TIME.

Sensation of being hurried inside, cant stand being hurried.

Cannot do two things at the same time.

Can have notes to make sure not to forget anything. Works hard to overcome the slowness.

Aversion to conversation, agg. morning. Cant comprehend what everybody is talking about.

Withholds feelings. Releases anger only towards family members.

Notices mental problems. FEAR OF INSANITY.

CONFUSION OF IDENTITY. 'Who am I?'

When they talk, think someone else is talking.

Everything seems unreal.

FEAR OF KNIVES, blood (Nux vom), cockroaches, disease, epilepsy (Arg nit, Merc), evil spirits (Calc, Manc).

Impulses to kill or hurt when seeing knife (Merc) or blood.

Anxiety in the morning on walking.

Despair of recovery. Depression.



Alumina

- *Dryness* of mucous membranes and skin, and *tendency to paretic muscular states*.
- Inability to walk, except with the eyes open, and in the daytime; tottering and falling when closing eyes (*Arg. n., Gels.*).
- Abnormal appetite; craving for starch, chalk, charcoal, cloves, coffee or tea grounds, acids and indigestible things (*Cic., Psor.*); *potatoes disagree*.
- All irritating things - salt, wine, vinegar, pepper - immediately produce cough.



Alumina

- Leucorrhoea: **acid and profuse, running down to the heels** (Syph.); worse during the daytime; > by cold bathing.
- After menses: *exhausted physically and mentally*, scarcely able to speak (Carbo an., Coc.).



THANK YOU

If you have any queries please
don't hesitate to contact me on

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