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Understanding Mind Rubrics  
the **Metaphoric** way!!!

**Perceiving Man in Disease**

HHS



# Humble Gratitude to HHF and Gurus



YASA

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# Stramonium





# Delusion, injury, is being injured

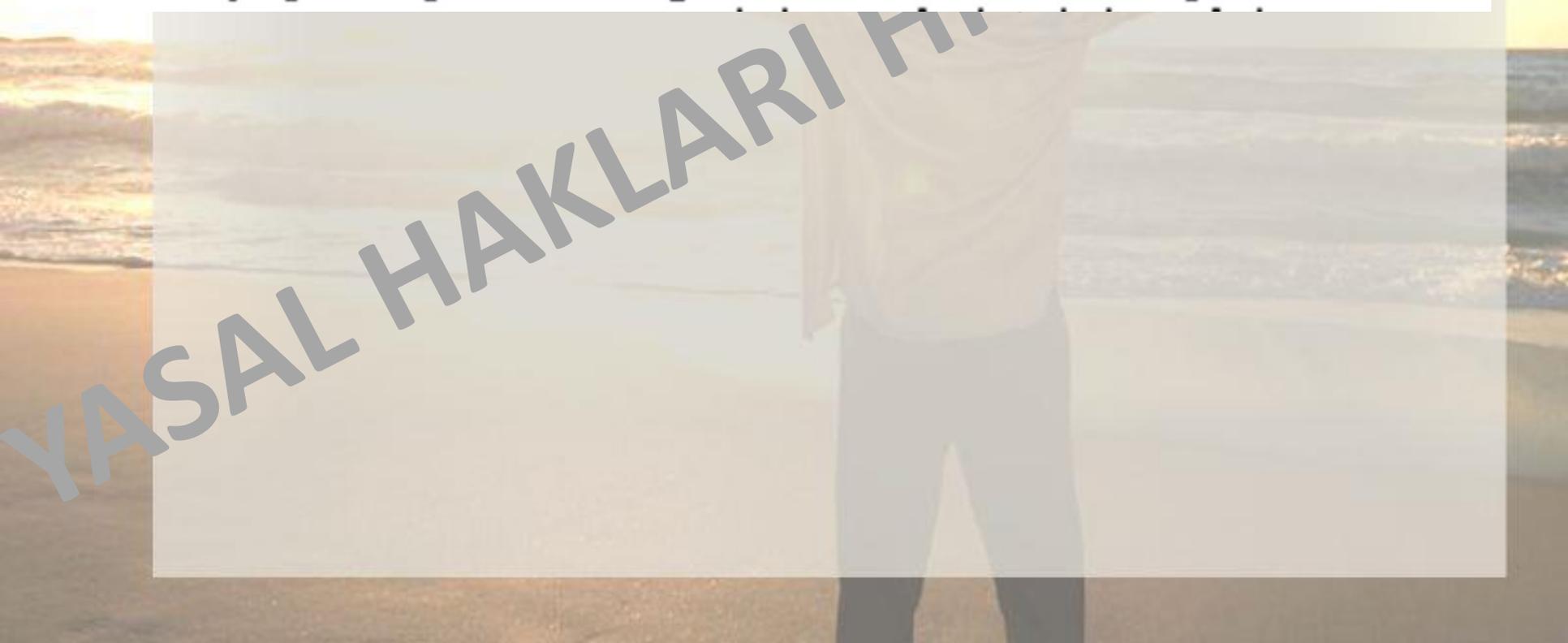
- Case of a woman with multiple complaints, pain in legs, abdomen, back pain, headache etc.
- Started after caesarean delivery when she consumed a lot of medicines, after that developed chickungunya and more pain after that



# Delusion, injury, is being injured

[MIND - DELUSIONS - injury] . **being injured; is:**

(15) bry. cact. canth. elaps **HYOS.** kali-br. lach. lyss.  
naja phos. plat. rhus-g. rhus-t. **STRAM.** sulph.





# Stramonium - The Frightened Soul

- **Del, injury, is being injured**
- Delusion - false belief, true for patient, but in reality it's not, people feel that it is the perception of the patient's mind
- Being - it's a process
- Injury is a break in continuity: type of loss - faith, reputation, health, comfort level
- Otherwise he is ok
- This problem is affecting his comfort



# Stramonium - The Frightened Soul

- The patient believes that he has sustained an injury some time ago and the pain is still going on or he is continuously being harmed
- The injury may be at the level of person - physical or mental, or his resources - his honour, image, business. The predominant aspect is the **pain** irrespective of the cause
- “Never well since”
- Delusion, he is sick - I can't do this, I can't do that, something or other is always happening to me, never feel fresh, don't feel good



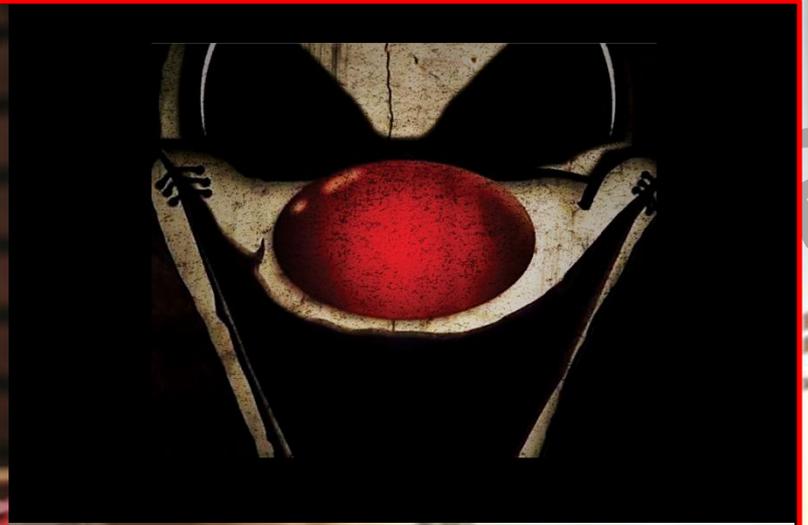
# Stramonium - The Frightened Soul

- Basically a very fearful person, full of fears
- Fear of injury, he is being injured - he is scared that he might get a big illness or permanent damage
- Like fear of injection, some procedures like scopy, invasive procedures - I can bear the suffering but I don't want any operation
- Fear of suffering - the consequences of an injury - the pain after an injury - swelling after scopy, pain after any procedure



# Stramonium - The Frightened Soul

- Fear of strangers- something strange that he does not know, unknown, sudden pain out of nowhere
- Superstitious - lots of rings, stones, false beliefs
- When something happens suddenly to them that they don't know.
- Clinging, children in, awakens terrified, knows no one, clings to those who are near - some swelling in neck «please, please Dr, see what it is!» Whether the person can help or not he will cling





# Stramonium - The Frightened Soul

[MIND - FEAR - injury] . **being injured; of:** (36)

anthraq. arn. ars. calad. calc-s. cann-i. carc. cartl-s.  
 chin. choc. *Cimic.* crot-c. cupr-act. falco-pe. fuma-ac.  
 gels. hep. hyos. kali-br. kali-c. kola lyss. mag-c.  
 oxal-a. phasco-ci. rhus-g. ruta sep. spig. staph.  
**STRAM.** *Stry.* suis-pan. symph. valer. vanil.

[MIND - FEAR] - **strangers, of:** (54) alum. am-caust.  
 am-f. ambr. arg-n. *Arn.* aur-m-n. *Bar-c.* beryl. beryl-m.  
 bor-pur. bufo cadm-s. *Carb-v.* carc. caust. *Con. Cupr.*  
 cupr-act. cupr-f. cupr-m. cupr-p. dys. ferr-n. fl-ac.  
 fl-pur. graph. ign. kali-p. lach. lith-c. lith-f. lith-i. lith-m.  
 lith-met. lith-s. lyc. mag-n. mang-n. nat-f. nitro. oxyg.  
 phos. plb. puls. rhod. sil. *Spong.* stram. stront-c. stry.  
*Thuj.* tub. zinc-n.



# Stramonium - The Frightened Soul

- **Clinging is always with fear**
- Awakens - as if sleeping, they don't know about it, but they see something suddenly and get frightened and cling to anyone near; What is this? What should be done / Is it not a tumour? Do you think I should do some investigations? Will it be ok? Pain in chest - they feel it is a heart attack.



# Stramonium - The Frightened Soul

- **Light desires** - knowledge, information
- He wants to know what it is, wants to go to the core of it
- He always asks you what it could be due to/ I don't know why it is happening to me – **anxiety, dark in**
- When you say it's ok, they feel better and say I knew it, it's not that serious - **Affectation - hides his weakness, puts his positive image that «I'm not afraid» but it's seen that he is scared**
- **Affectation and Hypocrisy** - he wants something back (Phos), he will show you that he is like you but there is a bad intention



# Stramonium - The Frightened Soul

[MIND - FEAR] - **dark; of:** (104) *Acon.* aeth. agar. alum-p. am-br. am-m. ant-c. arg-n. arg-p. ars. *Aur-s.* bapt. bar-br. bell. brom. *Buteo-j.* cadm-met. cadm-s. calad. *Calc.* calc-act. calc-ar. calc-p. calc-s. *Camph.* **CANN-I.** *Cann-s.* *Cann-xyz.* *Carb-an.* *Carb-v.* carc. cassia-s. *Caust.* chin. chinin-s. chir-fl. cic. *Cupr.* cupr-act. cupr-f. cupr-m. cupr-p. dys. gaert. gal-ac. galeoc-c-h. gard-j. gels. graph. grin. heroin. hyos. kali-bi. kali-br. kali-c. kali-s. lac-c. lac-e. lac-h. lith-p. loxo-recl. *Lyc.* manc. mang-p. *Med.* merc. miml-g. morg. morph. mur-ac. nat-c. nat-m. nat-p. nat-sil. nux-m. nux-v. op. ozone *Phos.* plb-p. pop. prot. ptel. *Puls.* querc-r. rad-br. rhus-t. sanic. sep. sil. **STRAM.** *Stront-c.* sulph. syc. thres-a. *Tub.* *Tub-k.* valer. xan. zinc. zinc-i. zinc-m. zinc-n. zinc-p.

[MIND - FEAR] - **strangers, of:** (54) alum. am-caust. am-f. ambr. arg-n. *Arn.* aur-m-n. *Bar-c.* beryl. beryl-m. bor-pur. bufo cadm-s. *Carb-v.* carc. caust. *Con.* *Cupr.* cupr-act. cupr-f. cupr-m. cupr-p. dys. ferr-n. fl-ac. fl-pur. graph. ign. kali-p. lach. lith-c. lith-f. lith-i. lith-m. lith-met. lith-s. lyc. mag-n. mang-n. nat-f. nitro. oxyg. phos. plb. puls. rhod. sil. *Spong.* stram. stront-c. stry. *Thuj.* tub. zinc-n.



# Stramonium - The Frightened Soul

- **Affectation - to show what you are not**
- *Stramonium* shows that he is not affected, he is not afraid when he is given light - affectation
- **Alternating between fear of injury and affectation**
- He does not know what the problem is - he is in the dark and wants light - information, knowledge
- Do you think I should do an X ray, please see with the torch, thermometer, BP, USG, CT scan
- Should I see a specialist?

# Stramonium - The Frightened Soul

		1	2
		12	6
		29	8
▶ MIND - FEAR - injury - being injured; of	(36) 1	3	
▶ MIND - FEAR - dark; of	(104) 1	4	2
▶ MIND - ANXIETY - dark; in	(18) 1	4	1
▶ MIND - FEAR - strangers, of	(54) 1	1	1
▶ MIND - DELUSIONS - injury - being injured; is	(15) 1	3	1
▶ MIND - SUPERSTITIOUS	(23) 1	1	
▶ MIND - DELUSIONS - poor; he is	(15) 1	1	
▶ MIND - CLINGING - children; in - awakens terrified, knows no one...	(3) 1	4	
▶ MIND - NAKED, wants to be	(24) 1	2	2
▶ MIND - LIGHT - desire for	(33) 1	3	1
▶ MIND - AFFECTATION	(25) 1	2	
▶ MIND - DELUSIONS - pure; she is	(2) 1	1	



# Stramonium - The Frightened Soul

- **Nocturnal piety - holding onto the cross**
- Night - unknown, when strange things happen, you don't know what to do, you feel lost
- **Delusion - lost in wilderness - like a child**
- **Astonished** - I have had so many operations and childbirths, how can I get such a fever?
- **Impressionable**
- **Delusion - danger, impression of**
- *Stramonium* believes anyone, will run immediately - wakens terrified and clings to anyone but Hyos will not do so. Hyos is high spirited, till then will do something at home, he will go to his Dr only, whom he trusts, will wait - bed desires to remain, affectation, fight wants, takes time to react unlike *Stramonium*



# Stramonium - The Frightened Soul

[MIND - DELUSIONS - animals - devoured by] ..

**being:** (3) maias-l. moni. *Stram.*

[MIND - DELUSIONS - animals - devoured by] .. **had**

**been:** (1) *Hyos.*





# Stramonium child

- Child starts crying as soon as they enter the clinic
- Children are given so many vaccines today that when they are taken to the dr they will not go to him, will cling to their mother, will get up startled and cling to people around
- Clinging is because of fear, he does not know whom to cling to, they will hold onto anything
- Will never go into the dark room
- Will always want a small light in room, only then will he sleep
- Hyos - eyes are curious, fear and danger, no trust and fear but show that he is courageous - affectation, smiling, high spirited will not go to anyone
- Stram - eyes are full of fear and panic
- Eyes rotating with fear - Hyos, Stram
- Eyes rotating without fear - Phos, Sulphur





# Stramonium - The Frightened Soul

- It deals with one of the most basic fears of human being, the feeling of being left alone in the wilderness.
- The Stramonium patient feels helpless, like a child left alone, and there is an impression of danger. He feels abandoned, forsaken, left in a terrifying place – alone in the wilderness



# Stramonium - The Frightened Soul

- Facing the sudden realization of this terrifying situation, his brain refuses to work: he cannot recognize who is around him, he just clings to whoever or whatever is there (“Child awakens terrified, knows no one, screams, clings to those near”; “Clinging to persons, furniture”).
- He doesn't seem to know anyone around him or recognize anything around him in this situation of terror (“Familiar things seem strange”). He feels alone, lost and tries to escape from this situation. He is without support and is crying for help, begging, entreating, praying in his panic. All he wants is to be in a safe and secure place



# Stramonium - The Frightened Soul

- *Stramonium* has “Fear, of darkness” and “Desire, for light”. Darkness represents uncertainty, hopelessness, and any such situation is very scary for the *Stramonium* patient
- In the darkness, there is a possibility of danger and *Stramonium* has a “Longing for sunshine, light and society”
- *Stramonium* has delusions of dogs attacking him, biting his chest: a terrifying situation
- To the *Stramonium* patient all events, situations and even people seem like dogs (“Delusion, dogs, sees”), like an attack.

<https://youtu.be/7RzSfl7AbsE>



# Stramonium - The Frightened Soul

- There is a feeling of being injured (“Delusion, injury, is about to receive”), as if things around him were harmful and injurious
- The patient will tell the physician: “Doctor, I took your medicine last week, and since then my stomach has been badly upset, I cannot tell you how much!”
- He gets most frightened when things are dark, gloomy and somber
- When there is no danger, darkness or gloominess, the *Stramonium* person may be talking, laughing, singing, full of life, dancing (“Black and somber, aversion to everything that is”, “Weeping all night, laughing all day”)



# Stramonium - The Frightened Soul

- He talks a lot about himself, boasts that he is bold, not afraid of anything (“Delusion, tall, he is”, “Delusion, distinguished, he is”, “Delusion, divine, he is”) – Affectation, but with the night comes terror and clinging
- At the same time, when there is light, there is a fear of being exposed, of being vulnerable to attack, and then there is a desire for darkness. But when the patients are uncertain about something they want light – fear of the unknown



# Stramonium - The Frightened Soul

- *Stramonium* has the rubric:  
“Destructiveness of clothes and Naked, wants to be”. Nothing should be hidden under the clothes, nothing should be in the dark
- Also there is “Delusion, naked, he is”: unprotected, he feels without the protective covering of clothes, vulnerable to attack



# Stramonium - The Frightened Soul

- In his terror and fright, he reacts wildly: “Wildness”, “Destructiveness”, “Violence”, “Striking”
- His whole situation including his ailments frighten him so much that he doesn’t want it to ever surface again
- He wants to finish it off, to eradicate, destroy, exterminate it (“Delusion, that he is the devil”, “Delusion, devils, sees”, “Kill, desire to”). His problems trouble and scare him and he wants to finish them. His actions are always total



# Stramonium - The Frightened Soul

- Another rubric is “Religious affections, Bible, wants to read all the day”. He needs a book of authority in which he trusts and to which he constantly clings in order to avoid the uncertainty and darkness which he feels around him. He feels like a child without support and has anxiety about salvation.
- He will say: “Doctor, wherever you go, please don’t stay away for more than a week, otherwise I will be lost. If something happens, where can I go?” Anxiety about salvation as if they have lost your support, the person on whom they are dependent will leave and they will be left alone in the wilderness, forsaken



# Stramonium - The Journey

- Stramonium has basically a lot of anxiety and fear rubrics
- Anxiety - company in, conversation from, crowd in, future about, speaking when, strangers, dark in, tunnels
- Fear - alone, night, dark, animals, approaching of others, attacked, injury - being injured, suffering, murdered being, eaten being, roasted being, cemeteries, ghosts, thunderstorms, suffocation, tunnels
- Fear of the unknown and strange



# Stramonium - The Journey

- Anxiety and fear of tunnels
- What is a tunnel?
- It is a covered passage or horizontal passage way through or under an obstruction where light is diminished or it is dark
- Stramonium person has anxiety or fear of things that are unclear, not completely known or dark, thereby imagining horrible outcome, hence he insists on light



# Stramonium - The Journey

- Stram has always an element of **self doubt** denoted by the rubric “**Delusion, poor he is**” which means whether I can cope up with this situation or disease or not
- But he always stays in affectation hiding his fears and poor feeling
- Additionally his ego makes him more vulnerable to injuries from environment that’s why he tries to escape, shy away and hide



# Stramonium - The Journey

- Anxiety, dark in
- Fear - dark of
- Fear - unknown of the
- Delusion, objects seem strange
- Light desire for
- Egotism
- Delirium, shy, hides himself
- Escape, attempts to
- Hiding, desire to hide



# Stramonium - The Journey

- As the situation or disease (injury) continues or grows, his affectation falls off, he feels injured, sick, pursued, persecuted and being devoured by disease. He fears more injury and prays and gropes in the dark for support or light



# Stramonium - The Journey

- Delusion - injury, is being injured
- Delusion, persecuted he is
- Delusion, pursued he is
- Delusion, animals devoured by being (animals means troubles or disease)
- Fear - injury of being injured
- Praying
- Gestures, groping in dark
- Light desire for



# Stramonium - The Journey

- He feels the need to be carried and clings to the person or physician to take his responsibility (Carried desire to be shoulder over) and ease him out of injury (Light desire for). If not helped in time, Stramonium lands into helplessness and despair (Despair - death - thoughts of, with)



# Stramonium - The Frightened Soul

## 1) VIOLENCE AND AGGRESSIVENESS

- *Stramonium* is like an earthquake in violence. They simply switch from rage mode to normal mode, as if nothing happened. They are very controlled and very nice and can be very sweet when they are in consultation room. But then they will say from time to time or when time comes, the fit comes, the anger comes, the violence comes and the violence is hitting, striking, killing
- It is not the desire to kill, they kill. They have to complete the action of violence. They go ahead and detonate their anger by doing something very violent. They will really take the knife and there will be aggression. They hit children, their mother, their father. They will attack, they are tremendously aggressive and violent in their fit of anger



# Stramonium - The Frightened Soul

- There is no holding back when *Stramonium* “loses it.” The rage is quite insane, and accompanied by a definite desire to kill. The *Stramonium* people are not angry most of the time. Rather they would suddenly be prone to bouts of rage with which they would struggle for a few hours, and then they will be calm again, or enter a different emotion, such as lust or terror



# Stramonium - The Frightened Soul

- *Stramonium* is the violence of the mental state. It is very active, agitated, driven state. The person is out of control, destructive, even malicious in behaviour. It is destructiveness of all kinds - against other persons or oneself. Striking, biting, tearing, shrieking, cursing - but most specially smashing things
- Such a state may erupt rather suddenly, then subside after a while, but the person is not free of it. Typically it is the chronic mania or relapsing frequently over a period of time, rather than just a simple paroxysm of rage. It might be indicated in mass killer who suddenly begins killing many people indiscriminately. *Stramonium* would have to be at least thought of in such cases



# Stramonium - The Frightened Soul

## 2) FEAR OF DARKNESS

- *Stramonium* individuals are subject to all manner of terrors, delusions and hallucinations and they usually dread the night, because it is that they become haunted by the horrors of their own subconscious mind. They will tell you that they hate sunset, because it heralds the beginning of the dark time
- If you have a *Stramonium* in the dormitory and you switch off the light in the night, even if he is asleep he will awake in terror and will jump to turn on the lights
- They will sleep with lights on, and if they awake in the darkened room, they will see monsters in the dark and will scream long after their parents have arrived and tried to soothe them.  
KENT: HE SEES ANIMALS, GHOSTS, ANGELS, DEPARTED SPIRITS



# Stramonium - The Frightened Soul

## 3) WILDNESS, DESTRUCTIVENESS, STRIKING

- There is wildness in delirium, they will be more furious and more like a wild animal. It will go to that point. His whole situation including his ailments frighten him so much that he doesn't want it to ever surface again. He wants to finish it off, to eradicate, destroy, and exterminate it. His problems trouble and scare him and he wants to finish them. His actions are always total



# Stramonium - The Frightened Soul

## 4) HALLUCINATIONS

- They will have a lot of hallucinations and are usually related to frightful things such as animals. They will see dogs, wolves, etc. but they see animals wanting to eat them. Usually delusion is related to something dangerous, especially animals, dark or black things. They imagine dark, black things, black ghosts. One of the characteristic fear and delusion is “always worse on waking.” (Whereas Belladonna is usually worse before going to bed). *Stramonium* has great fear of darkness and being alone



# Stramonium - The Frightened Soul

## 5) FEAR OF SHINNING OBJECTS

- *Stramonium* patients will report that they feel panicky in a moving car if sunlight is flickering in between a row of trees, or through a fence. One woman said she hated to look at sunlight upon water. When I asked why she said it was “one of those horrible shiny things.”



# Stramonium - The Frightened Soul

## 6) DESIRE TO KILL

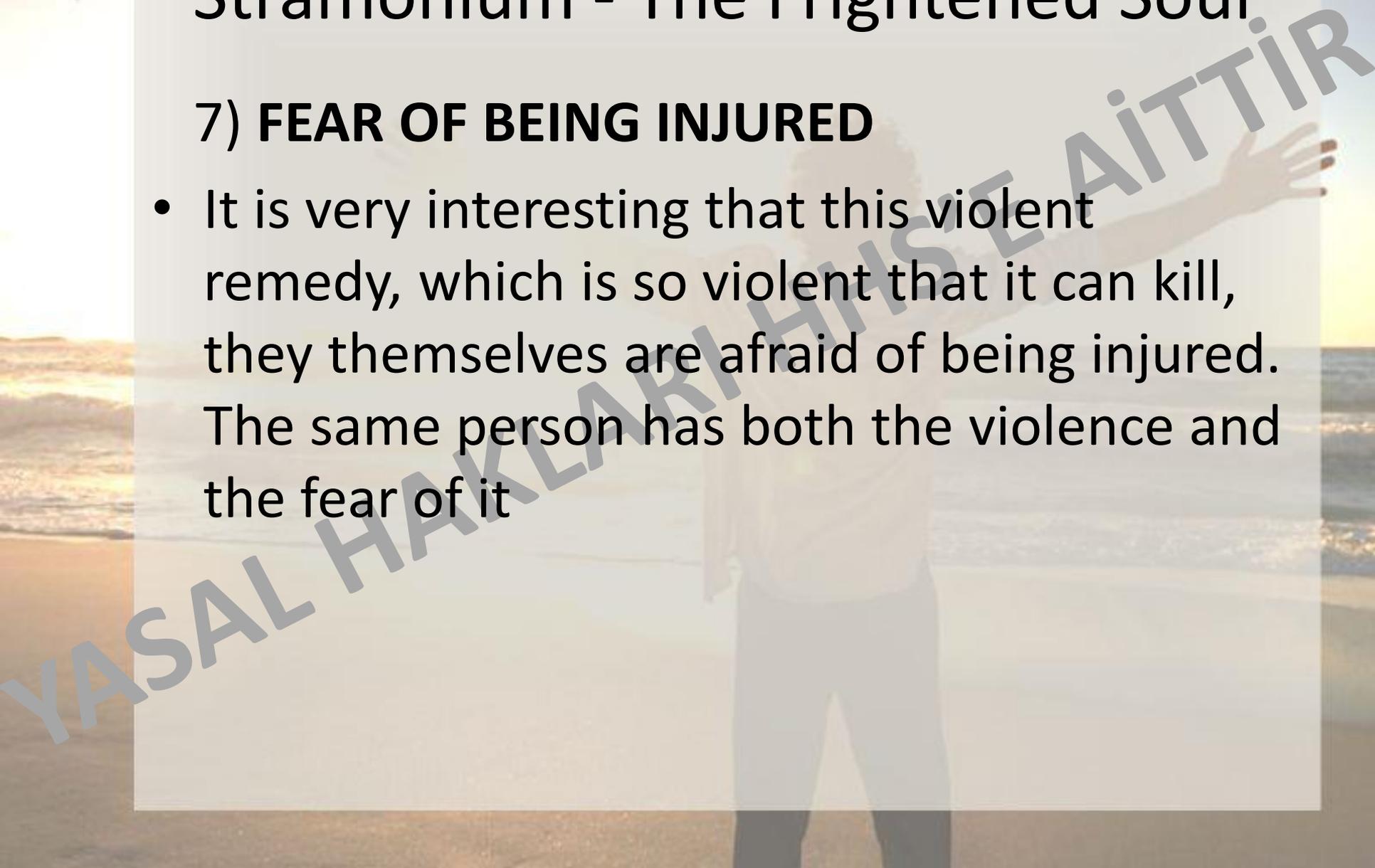
- It is not the desire to kill, they kill. They have to complete the action of violence. *Stramonium* will really take a knife and will charge and will charge and hit and then you see the aggression. They hit children, the mother, the father. They will attack, they are tremendously aggressive and violent in their fit of anger. Children that develop *Stramonium* symptoms have been usually terrified by their parents. There is a little one here, 5 year old and he plays, he does this, they say, "shut up." He continues. The father grasp him and goes to balcony and says, "I am going to throw you down. So you will stop. Yes or no?" Great fright and then slowly that child develops symptoms of aggression. Eventually, when you enter the house, it does not matter who you are, he looks at you and comes up and hits you



# Stramonium - The Frightened Soul

## 7) FEAR OF BEING INJURED

- It is very interesting that this violent remedy, which is so violent that it can kill, they themselves are afraid of being injured. The same person has both the violence and the fear of it

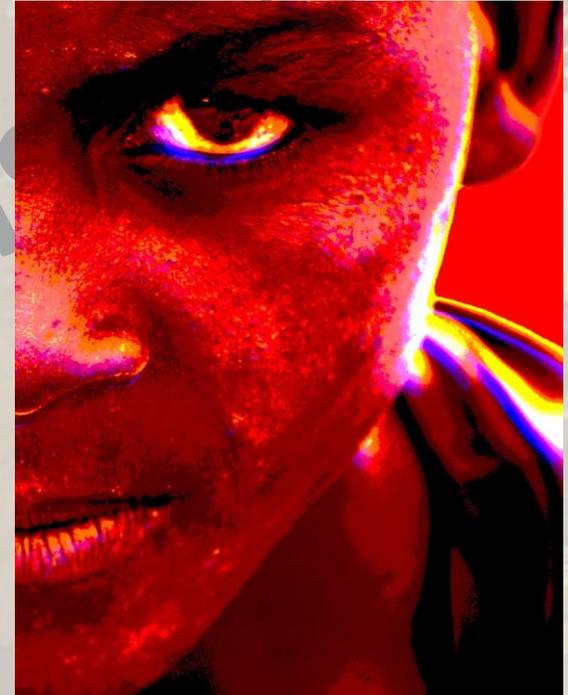




# Stramonium - The Frightened Soul

## 8) MANIA

- The mental symptoms are as follows:  
The mania or delirium is of wild character, the face being bright red, the eyes have wild and suffused look, although they are not so thoroughly congested as under Belladonna. The hallucinations terrify the patient, he sees objects springing up from every corner, animals of every kind and grotesque creatures arise and terrify him. The patient, if a child, cries out for his mother even when she is near. The eyes are open and the pupils widely dilated. If an adult, he is decidedly loquacious in his delirium





# Stramonium - The Frightened Soul

- At times he manifests a merry mood in his loquacity, and at others he has horrors. At one moment he will be laughing, singing, and making faces, and at another moment praying, crying for help etc. He often has photomania or desire for light. The mania assumes a silly character. The loquacity differs from Lachesis. In *Stramonium* the loquacity consists of a simple garrulity, whereas in Lachesis it is jumping from one subject to another. During delirium of *Stramonium*, as under many narcotics, the patient frequently attempts to escape



# Stramonium - The Frightened Soul



<https://youtu.be/7RzSfl7AbsE>



<https://www.youtube.com/watch?v=sOnqjkJTMaA&pbjreload=101>



<https://youtu.be/Tp5Q4AygFOM>  
<https://youtu.be/2-frM2Lf8KE>



<https://www.youtube.com/watch?v=CD-E-LDc384>

HHS



# THANK YOU

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