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Similimum by Prof.Dr. Samir Chaukkar
Case Analysis and Evaluation

Case 1 - Allergic Rhinitis



Case of Allergic Rhinitis

- Mr. BC, aged 51, an engineer working in a chemical factory, my school friend, called me on the phone one night saying
- «I need your help, Samir. Can you help me? Have you dealt with allergies before?» «I said yes, I've been practicing for many years and yes, I have treated many patients with allergies.» He said «Ok, I've had this running nose and been sneezing for the last 1 year. Do you have some time now because I don't want you to see me in hurried manner. I know you are a busy dr.»
- «It's ok, tell me more about it»



Case of Allergic Rhinitis

- «Ok, I will tell you everything in detail. Whenever I get up in the morning, I have at least 10-15 sneezes and the whole day I feel very tired, lethargic, and nose continues to run in spite of medications. The discharge is watery and my nose burns and gets red, I have to wipe it with a soft cloth otherwise it really hurts. I am really tired of this illness. Just help me get rid of this. This illness just does not allow me to work. What do you think it must be due to?» (he has visited many drs and read a lot about it from the internet but still he is asking me)
- « I try to avoid allopathic medications as they have side effects so I try something at home like hot inhalations and home remedies. I take anti-allergic tablets only when it's too much, otherwise I avoid them. I don't trust these drs. You are my school friend and also a dr so I'm telling you all this. I think I am talking to the right person and I'm sure you will cure me. Whatever you tell me I will follow exactly, medicines, diet, anything you say.»



Case of Allergic Rhinitis

- «Last time I went to one dr, he referred me to an ENT surgeon who gave me a big bill and told me to do a CT scan of my sinuses and wrote a bill of 5000 Rs. I told him just give me some medicines and make it ok, I did not want to do any tests as these people do some tests and give you some diagnosis and ultimately drain you of your money. They are bloody thieves!»



Case of Allergic Rhinitis

- «They are really like wolves just waiting to pounce on you for the money. I'm sure they have a nexus with the pathologists and other drs. He gave me some medicines and instead of feeling better my problem got worse. Bloody shit Dr! I don't know who gave him the dr degree. Instead of making me better he made me worse. I feel like killing that idiot. Since then I have stopped going to drs and been carrying on with this illness with home remedies. After those medicines, I have even lost my smell and taste in my mouth». He showed me all the prescriptions and investigations done which he had carefully kept in a file. When I was looking at the file fast he said «Please see them carefully, Samir.» I said «Yes, I understood.» He again confirmed «Are you sure now you know everything? I don't want to hide anything from you.» And again he started repeating the whole story in great detail.



Case of Allergic Rhinitis

- «Are you sure you can help me, Samir? Have you seen any patient like me before?», he said. He asked me many questions and he had also asked about me to other friends in the group, one of our common friends had called me and told me that this guy had called him up and asked about how I was as a dr, how much I charge, how he was feeling after my treatment. He had really tortured my friend calling him at odd hours asking about how good I was as a homeopath.



Case of Allergic Rhinitis

- «**Any other problems?**» I asked
- «I've also had a lot of gas for many years. I can't digest non-vegetarian food like meat or chicken. I once had a chicken rice in a reputed restaurant 3 years back and after that I developed a severe food poisoning. I went to a local dr and after his treatment my problem increased and I had to be admitted to hospital. Since then I cannot digest any non-veg food and so I don't eat anything like that. I have a very bad appetite. I don't feel hungry. I just eat for the sake of eating. I also suffer from constipation. Hard stools. Sleeping problem. I can't sleep immediately and can sleep only after 2 hours of lying in bed.» , he replied.



Case of Allergic Rhinitis

- «**Tell me how it all started**» I asked.
- «It was in 2009 that I left Mumbai for a lucrative offer in L&T at Hazira, Surat, Gujarat. It was such a great feeling to join an Indian mnc after 40, but God has its own ways and on 31.03.2016 the total workforce from all L&T was reduced to 18.000 and from my unit it was 800 and I was one of them to be removed. Idiots! They did not even give me a notice so that I could arrange something.», he said.



Case of Allergic Rhinitis

- «One fine morning, I reached my office and the manager came and handed me a letter of termination. I felt so angry that I could have killed him right there but I gulped my anger and left. It seemed okay initially, I thought I would find a job on the spot but as days and months went by and the money was dwindling, it was becoming a real trauma. The load was too much, as I had my son in engineering and I had to provide for the household budget and pay his fees too.», he said.



Case of Allergic Rhinitis

- «When I was still jobless, my mother suddenly got a heart attack and a stent was to be put in her heart. We had to take a huge loan to pay the bills and lastly everything become nil. All was sold and only we the human beings were left but then after 4 years I got a job at the age of 50 in Inco Colours and been working there for a year.», he said.



Case of Allergic Rhinitis

- «I joined the company in Mumbai but suddenly after 2 months, I was told to go to Ankleshwar. I readily accepted that but never thought I would be having cold & cough allergies because of the chemicals we use and the dust our factory creates. After I developed this allergy, I can't even have cold water which I like so much. Can't sit near AC or a fan. A little draft of cold air or a little cold drink aggravate this problem. But I still manage all these problems using home remedies and I'm sure that you can help me.», he said.
- «Many say that I have lost weight, but what to do, we have to work for paying off our liabilities taken from others. That should be our karma to pay off everything and then leave the world». He talked about his problems in quite a detail for an hour or so.



Case of Allergic Rhinitis

- Dr.: Tell me something about your stressors
- Pt: Don't ask, dear. It was a torrid time and it was Aug 2019 when mom got the attack and luckily I was with her in Mumbai as I had come for the interview from Valsad. As you know as soon a patient is admitted, the doctor says you have to give a deposit for admission. They are always ready to grab your money. Even without treatment they want money as deposit. Luckily my next door friend knew about my problems and he paid the fee. After 9 days when she was discharged, the medicines and the doctor bill was huge and again my friend came and help out, but when it came to operating her at Baroda then the source of raising the money became a tough task as no family members were ready to help.



Case of Allergic Rhinitis

- «So, whatever ornaments we had we sold and also took a loan from other friends and did it. Now every month I pay them fixed installment. Last year our management decided to cut our salaries for 5 months by 25 to 30%, so it again became a problem how to pay them, but we managed somehow. By grace of God, my wife and children gave me good support to make it possible.» Lastly he said «I am sure, Samir, you can make me ok, after all, you have done MD in homeopathy, I have already gone through your website.....»



Case of Allergic Rhinitis

- I smiled and told him «Ok, come tomorrow to my clinic and pick up the medicine.»
- He came the next day and waited outside patiently till his turn came and then entered. First question he asked me was «Are you sure you understood my case, Samir. You can take your time or even consult your dr friends». No hi, no hello. He was meeting me after nearly thirty years. I said «Yes, I have understood you completely.» I gave him a packet of medicine and he just took it immediately, without even asking me how to take it. I gave him some placebo pills which he put in his pocket, paid my fees and left. In 5 minutes he was back and he asked me «Samir, did you say four pills three times or three pills four times...»



Analysis and Evaluation

- Suspicious
- Del, injury, is being injured
- Del, injury, is being injured by surroundings
- Del, wrong suffered
- Del pursued he was
- Delusion, persecuted he is
- Fear of being betrayed
- Careful
- Cautious



Analysis and Evaluation

- Abusive
- Kill desire to
- Naked wants to be
- Curious
- Inquisitive
- Inciting
- Business talks of
- Delusion sold being - taking advantage of me, people using me
- Greedy, grasping greedily with both hands anything offered to them - advice, medicine

Analysis and Evaluation

		hyos.	lach.	stram.	sulph.	lyc.	chin.	ars.	bell.	vera.
		1	2	3	4	5	6	7	8	9
		16	11	9	9	7	7	7	7	7
		32	15	16	12	13	12	10	10	10
▶ MIND - DELUSIONS - injury - being injured; is	(15) 1	3	1	3	1					
▶ MIND - DELUSIONS - injury - being injured; is - surroundings; ...	(3) 1	3	2							
▶ MIND - DELUSIONS - wrong - suffered wrong; he has	(16) 1	3	1				1			
▶ MIND - DELUSIONS - pursued; he was	(64) 1	2	1	1		1	2	1	1	1
▶ MIND - DELUSIONS - persecuted - he is persecuted	(66) 1	2	2	1	2	1	3	1	1	1
▶ MIND - FEAR - betrayed; of being	(7) 1	1	1						1	
▶ MIND - CAREFULNESS	(43) 1	1	2	2	3	2	3	3		2
▶ MIND - CAUTIOUS	(48) 1	1	1	1	1	3	1	1		1
▶ MIND - ABUSIVE	(108) 1	2	1	3	1	3	1	1	2	2
▶ MIND - KILL; desire to	(75) 1	3	2	2	1	2	1	2	2	
▶ MIND - NAKED, wants to be	(24) 1	4		2	1				2	2
▶ MIND - CURIOUS	(39) 1	1	1		1	1				1
▶ MIND - INCITING others	(4) 1	1								
▶ MIND - TALKING - business, of	(13) 1	2		1	1			1	1	



Analysis and Evaluation

- 1st April 2021- First prescription - Hyoscyamus 200/3 and placebo for 2 weeks
- 15th April 2021- Cold and coryza > 90%
- Nose block better, no gas, stools better
- Sleep better
- Energy much better
- Placebo for 15 days



Analysis and Evaluation

- 29th April 2021- sneezing episodes better but once or twice a week, sleep better, stools better, activity better
- Hyos 200 / 3 doses repeated, called in 7 days
- 5th May 2021 - no sneezing, running nose better, no nose block, all other symptoms better - placebo 1 month

HHS



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**If you have any queries please don't hesitate
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